

## Review on Anti Malarial Drug

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### ABSTRACT:-

Plasmodium, which infects red blood cells. New antimalarial drug is a fixed dose combination of two antimalarial active ingredients: artemisinin and piperaquine phosphate. Artemisinin undergoes reductive cleavage in the food vacuole by ferrous iron to generate free radicals which inhibit PfATP6, a sarcoplasmic endoplasmic reticulum calcium ATPase. Malaria is an infectious disease caused by a parasite, *se* encoded by *P. falciparum*. Piperaquine produces inhibition of the heme-digestion pathway in the parasite food vacuole. Both the drugs are well absorbed orally with peak plasma concentrations between 3-5 hours post-dose for artemisinin and 4-6 hours post-dose for piperaquine and both are highly plasma protein bound with extensive volume of distribution. The major metabolic pathway is the oxidation of the adamantane moiety for artemisinin. Overall contribution of CYP3A4 to artemisinin metabolism is 30%. CYP3A4 is the primary isozyme responsible for the metabolism of both artemisinin as well as piperaquine. Observed metabolites from liver microsomes are monooxygenation and dioxygenation products for piperaquine. Artemisinin is rapidly eliminated from blood plasma. Hence, the combination provides rapid clearance of parasitemia and most malaria-related symptoms, coupled with prevention of recrudescence.

### Keywords:-

Sarcoplasmic, ATPase, monooxygenation, dioxygenation.

### I. INTRODUCTION

Malaria is an infectious disease caused by a parasite, *Plasmodium*, which infects red blood cells. Malaria has infected humans since the beginning of mankind. The name "malaria" (meaning "bad air" in Italian) was first used

in 1740 by H. Walpole. The term was shortened to "malaria" in the 20th century. C. Laveran in 1880 was the first to identify the parasites in human blood. The five species that cause malaria are • *Plasmodium falciparum*: The most serious type, can be life-threatening • *Plasmodium vivax*: generally less serious and are usually not life-threatening. • *Plasmodium malariae*: generally less serious and are usually not life-threatening. • *Plasmodium ovale*: generally less serious and are usually not life-threatening. • *Plasmodium knowlesi*: dangerous, found only in long-tailed and pigtail macaque monkeys, can be life-threatening. 1. SIGN AND SYMPTOMS: The symptoms characteristic of malaria include-

1. Flu-like illness with systemic fever
2. Chills, Sweating
3. Muscle aches (Fatigue, Pain)
4. Central headache.
5. Nausea
6. Vomiting
7. Dry Cough
8. Diarrhea
9. Spleen enlargement

Sometimes symptoms may occur later in those individuals who have taken antimalarial medications. Initial propagation is similar to flu-like symptoms, septicemia, gastroenteritis and viral diseases. They also may include headache, fever, shivering, joint pain, vomiting, jaundice, hemoglobinuria, retinal damage, convulsions and hemolytic anemia. The main classic symptom is cyclical occurrence of sudden coldness followed by shivering and then fever and sweating, which is known as paroxysm. • Paroxysm occurring every two days in *P. vivax* and *P. ovale* infections. • Paroxysm occurring every three days for *P. malariae*. *P. falciparum* infection can cause recurrent fever every 36–48 hours or a continuous fever.

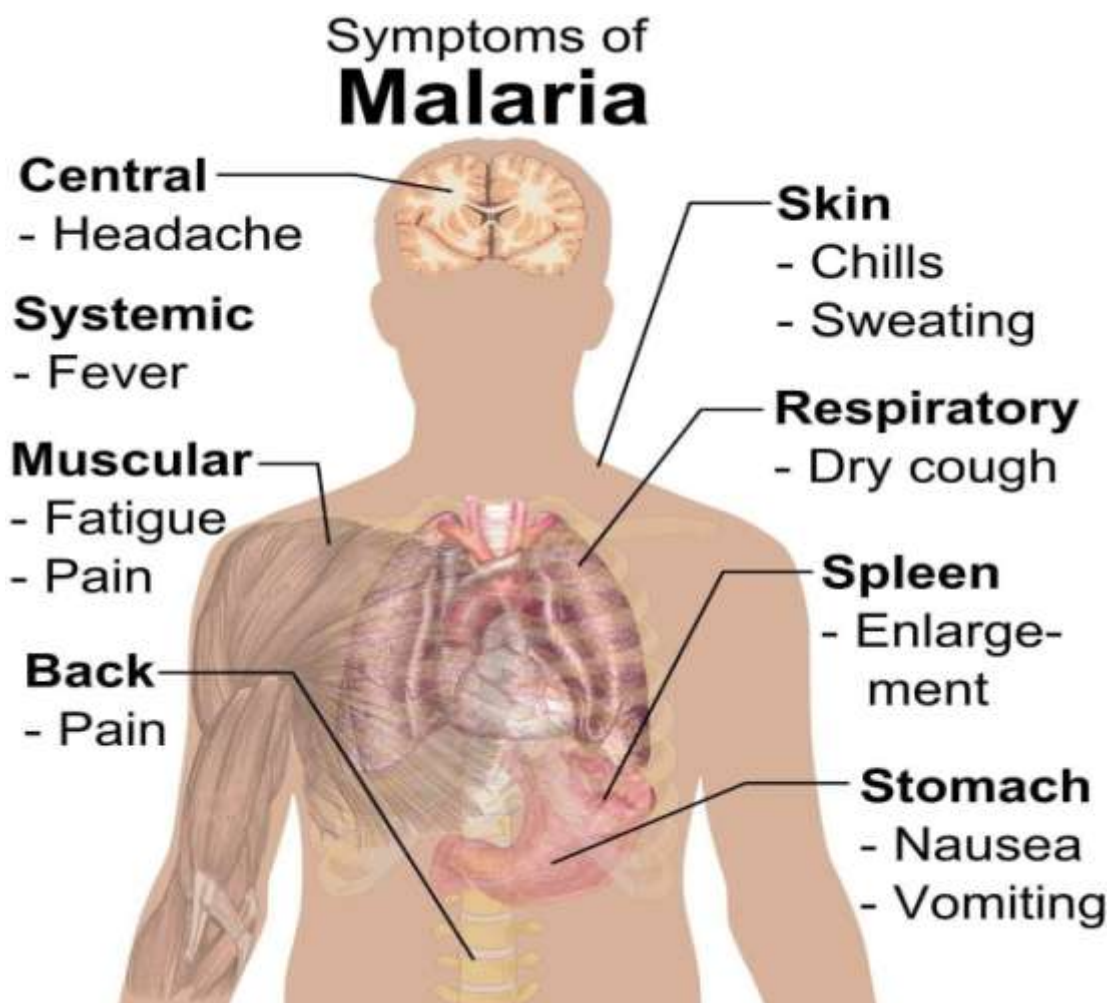


Fig 1.Symptoms of malaria

### Complications:-

The main complication is the development of respiratory distress, due to respiratory compensation of metabolic acidosis, Concomitant pneumonia, noncardiogenic pulmonary oedema and severe anaemia. Acute respiratory distress syndrome occurs in 5–25% of adults and up to 29% of pregnant women.<sup>7</sup> Infection of HIV with malaria increases the chances of death.<sup>8</sup> Due to infection with *P. falciparum* Cerebral malaria may occur. Which is associated with retinal whitening (a useful clinical sign in distinguishing malaria from other causes of fever).<sup>9</sup> Splenomegaly, liver enlargement, hypoglycemia, severe headache, and hemoglobinuria with renal failure may occur.<sup>4</sup> Malaria may cause stillbirths, infant mortality and low birth weight during the pregnancy,<sup>10</sup> particularly in *P. falciparum* &

*P. vivax* infection.<sup>11</sup>

### Causes of malaria:-

Malaria is caused by *P. falciparum*, *P. malariae*, *P. ovale*, *P. vivax* in humans.<sup>12,13</sup> *P. falciparum* is the most common species identified (~75%) followed by *P. vivax* (~20%).<sup>3</sup> Although *P. falciparum* traditionally accounts for the majority of deaths,<sup>14</sup> Recent evidence suggests that *P. vivax* malaria is associated with potentially life-threatening conditions about as often as with a diagnosis of *P. falciparum* infection.<sup>15</sup> *P. vivax* proportionally is more common outside of Africa.<sup>16</sup> *P. knowlesi* is a zoonotic species that causes malaria in macaques<sup>13</sup>, these are mostly of limited public health importance.

### Lifecycle of the malaria parasite:-

The life cycle of the malaria parasite (*Plasmodium*) is complicated and involves two hosts, humans and *Anopheles* mosquitoes. The disease is transmitted to humans when an infected *Anopheles* mosquito bites a person and injects the malaria parasites (sporozoites) into the blood. Sporozoites travel through the bloodstream to the liver, mature, and eventually infect the human red blood cells. While in red blood cells, the parasites again develop until a mosquito takes a blood meal

from an infected human and ingests human red blood cells containing the parasites. Then the parasites reach the *Anopheles* mosquito's stomach and eventually invade the mosquito salivary glands. When an *Anopheles* mosquito bites a human, these sporozoites

complete and repeat the complex *Plasmodium* life cycle. *P. ovale* and *P. vivax* can further complicate the cycle by producing dormant stages (hypnozoites) that may not develop for weeks to years.

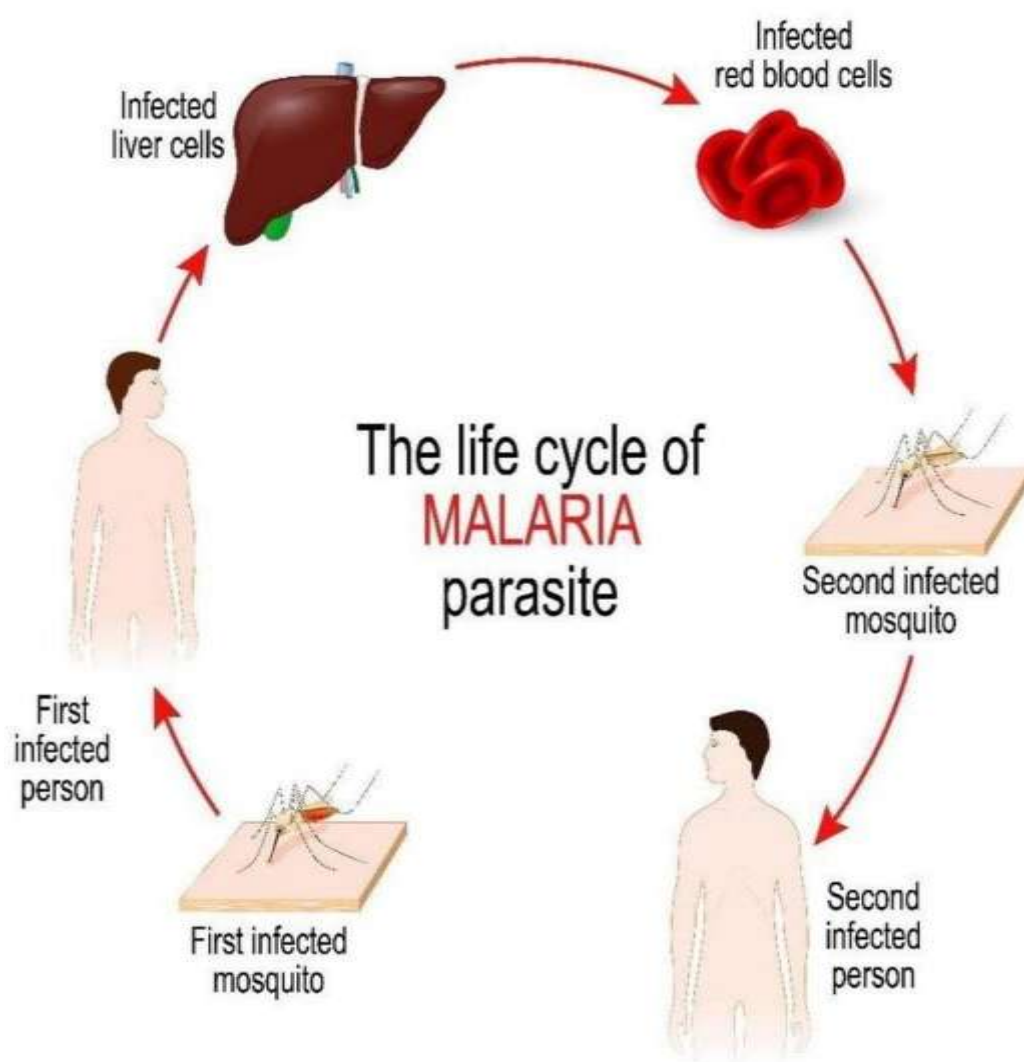


Fig2. Lifecycle of malaria parasite

### Diagnosis of malaria:-

Diagnosis of malaria in non-endemic areas requires a high degree of suspicion, which might be elicited by any of the following: recent travel history, enlarged spleen, fever, low number of platelets in the blood, and higher-than-normal levels of bilirubin in the blood combined with a normal level of white blood cells.

### Microscopy :-

Malaria is usually confirmed by the microscopic examination or microscopy of blood films or by antigen-based rapid diagnostic tests (RDT).<sup>20,21</sup> About 165 million blood films were microscopically examined for malaria in 2010.

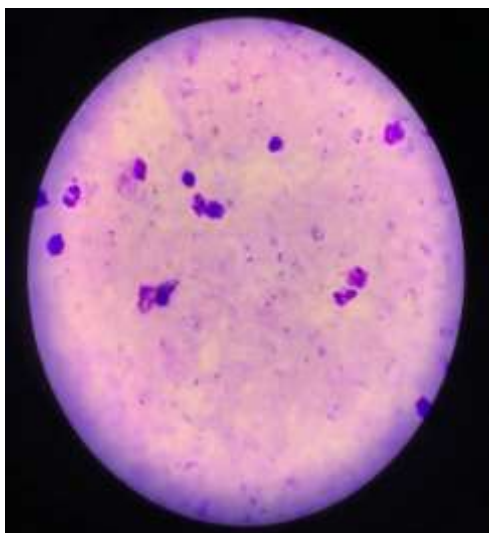


Fig3. Microscopy of malarial parasite

### Classification of malaria:-

World Health Organization (WHO) classified Malaria into two types:-

1. Severe malaria
2. Uncomplicated malaria.

These severe malaria is declared when any of the following criteria are present, otherwise it is considered as uncomplicated malaria.

1. Decreased consciousness
2. Significant weakness such that the person is unable to walk
3. Inability to feed
4. Two or more convulsions
5. Low blood pressure (less than 70 mmHg in adults and 50 mmHg in children)

6. Breathing problems
7. Circulatory shock
8. Kidney failure or hemoglobin in the urine
9. Bleeding problems, or hemoglobin less than 50 g/L (5 g/dL)
10. Pulmonary edema
11. Blood glucose less than 2.2 mmol/L (40 mg/dL)
12. Acidosis or lactate level of greater than 5 mmol/L
13. A parasite level in the blood of greater than 100,000 per microlitre ( $\mu$ L) in low-intensity transmission areas, or 250,000 per  $\mu$ L in high-intensity transmission areas.

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### Methods of malaria prevention:-

There are various methods used to prevent malaria which are such as:

1. Medications
2. Mosquito elimination
3. Prevention of bites

At present there is no vaccine available for malaria. Malaria occurs in an area where the combination of high human population density,

high anopheles mosquito population density and high rates of transmission from humans to mosquitoes and from mosquitoes to humans available. If any of these is lowered sufficiently, the parasite will eventually disappear from that area. However, unless the parasite is eliminated from the whole world, it could become re-established if conditions revert to a combination that favours the parasite's reproduction. Furthermore, the cost per person of eliminating anopheles mosquitoes rises with decreasing population density, making it economically possible in some areas.<sup>26</sup> Prevention of malaria may be more cost-effective than treatment of the disease in the long run, but the initial costs required are out of reach of many of the world's poorest people. China government announced a strategy to pursue malaria elimination which required small proportion of investment of public expenditure on health. Whereas a similar program in Tanzania would cost an estimated one-fifth of the public health budget.<sup>27</sup>

#### Vector control:

Vector control methods used to decrease malaria by reducing the levels of transmission by mosquitoes. For individual protection, the most effective vector control methods are • Insect repellents are based on DEET or picaridin.<sup>28</sup> • Insecticide-treated mosquito nets (ITNs) • Indoor residual spraying (IRS) have been shown to be highly effective in preventing malaria among children in areas where malaria is common.<sup>29,30</sup> • Prompt treatment of confirmed cases with artemisinin-based combination therapies (ACTs) may also reduce transmission.<sup>31</sup>

#### Insecticide-treated mosquito nets (ITNs):

Mosquito nets help keep mosquitoes away from people and reduce infection rates and transmission of malaria. Nets are not a perfect barrier and are often treated with an insecticide designed to kill the mosquito before it has time to find a way past the net. Insecticide-treated nets are estimated to be twice as effective as untreated nets and offer greater than 70% protection compared with no net.<sup>32</sup> Between 2000 and 2008, the use of ITNs saved the lives of an estimated 250,000 infants in Sub-Saharan Africa.<sup>33</sup> About 13% of households in Sub-Saharan countries own ITNs.<sup>34</sup> In 2000, 1.7 million (1.8%) African children living in stable malaria endemic conditions were protected by an ITN.

That number increased to 20.3 million (18.5%) African children using ITNs in 2007, leaving 89.6 million children unprotected.<sup>35</sup> A nine percent increase of African households (31%) are estimated to own at least one ITN in 2008. Most nets are impregnated with pyrethroids, a class of insecticides with low toxicity. A recommended practice for use is to hang a large "bednet" above the center of a bed to drape over it completely with the edges tucked in. Pyrethroid-treated nets and long-lasting insecticide-treated nets offer the best protection, and are most effective when used from dusk to dawn.<sup>36</sup>

#### Indoor residual spraying (IRS):

Indoor residual spraying is the spraying of insecticides on the walls inside a home. After feeding, many mosquitoes rest on a nearby surface while digesting the blood meal, so if the walls of houses have been coated with insecticides, the resting mosquitoes can be killed before they can bite another person and transfer the malaria parasite.<sup>37</sup> As of 2006, the World Health Organization recommends 12 insecticides in IRS operations, including DDT and the pyrethroids cyfluthrin and deltamethrin.<sup>38</sup> This public health use of small amounts of DDT is permitted under the Stockholm Convention, which prohibits its agricultural use.<sup>39</sup> One problem with all forms of IRS is insecticide resistance. Mosquitoes affected by IRS tend to rest and live indoors, and due to the irritation caused by spraying, their descendants tend to rest and live outdoors, meaning that they are less affected by the IRS.

#### Medication of Malaria :

Each anti-malarial drug is considered by chemical structure and mechanism of action.

#### Quinine and related agents:

Quinine is an alkaloid obtained from cinchona acts as a blood schizonticidal and weak gametocide against Plasmodium vivax and Plasmodium malariae. Quinine is accumulated in the food vacuoles of Plasmodium species, especially Plasmodium falciparum and inhibit the hemozoin biocrystallization, thus facilitating an aggregation of cytotoxic hemozoin. Quinine is very effective and widely used in the treatment of acute cases of severe P. falciparum but it is less effective and more toxic than chloroquine. Mostly



useful in areas where high levels of resistance to chloroquine, mefloquine, and sulfadiazine combinations with pyrimethamine. The World Health Organization recommendation for quinine by oral, intravenous or intramuscular routes, is 20 mg/kg first time and 10 mg/kg 8 hr for 5 days where as in quinine sensitivity quinine may be combined with doxycycline, tetracycline or clindamycin. Use of quinine is characterised by a frequently experienced syndrome called cinchonism. Tinnitus, rashes, vertigo, nausea, vomiting and abdominal pain are the most common symptoms. Quinine can cause hypoglycemia through its action of stimulating insulin secretion. This effect can be exaggerated in pregnancy and therefore additional care in administering and monitoring the dosage is essential. Repeated or over-dosage can result in renal failure and death through depression of the respiratory system. 05

#### Quinine related agents:

Quinimax and quinidine are the two most commonly used alkaloids. Quinimax is a combination of four alkaloids (quinine, quinidine, cincholine and cinchonidine). Due to a synergistic action between the four cinchona derivatives this combination has been shown more effective than quinine. Quinidine is a distereoisomer of quinine with similar anti-malarial properties and recommended only for the treatment of severe cases of malaria. Warburg's Tincture was a febrifuge developed by Dr Carl Warburg in 1834, which included quinine as a key ingredient. Warburg's Tincture was highly regarded by many eminent medical professionals who considered it as being superior to quinine (e.g. Surgeon-General W. C. Maclean, Professor of Military Medicine at British Army Medical School, Netley). Warburg's Tincture appeared in Martindale: The complete drug reference from 1883 until about 1920. The formula was published in The Lancet 1875.49

#### Chloroquine:

Chloroquine was least expensive, best tested, safest and the most widely used anti-malarial. It was the original prototype from which most methods of treatment are derived. The emergence of drug-resistant parasitic strains is rapidly decreasing its effectiveness. Now Chloroquine is

suggested to be used in combination with other antimalarial drugs to extend its effective usage. Popular drugs based on chloroquine phosphate (also called nivaquine) are Chloroquine FNA, Resochin and Dawaquin. Chloroquine is a 4-aminoquinolone compound which is believed to reach high concentrations in the vacuoles of the parasite and raises the internal pH. It controls the conversion of toxic heme to hemozoin by inhibiting the biocrystallization of hemozoin, thus poisoning the parasite through excess levels of toxicity. Children and adults should receive 25 mg of chloroquine per kg given over 3 days, recommended by the WHO, involves giving an initial dose of 10 mg/kg followed 6–8 hours later by 5 mg/kg, then 5 mg/kg on the following 2 days.

#### Amodiaquine:

Amodiaquine is a 4-aminoquinolone anti-malarial drug similar in structure and mechanism of action to chloroquine. Amodiaquine has tended to be administered in areas of chloroquine resistance while some patients prefer its tendency to cause less itching than chloroquine. Amodiaquine is now available in a combined formulation with artesunate (ASAQ) and is among the artemisinin-combination therapies recommended by the World Health Organisation. The drug should be given in doses between 25 mg/kg and 35 mg/kg over 3 days in a similar method to that used in chloroquine administration

#### Pyrimethamine:

Pyrimethamine is used in the treatment of uncomplicated malaria, particularly in cases of chloroquine resistant *P. falciparum* strains when combined with sulfadoxine. It acts by inhibiting dihydrofolate reductase in the parasite thus preventing the biosynthesis of purines and pyrimidines, thereby halting the processes of DNA replication, cell division and reproduction. It acts primarily on the schizonts during the erythrocytic phase, and nowadays is only used in concert with a sulfonamide.

#### Proguanil :

Proguanil (chloroguanide) is a biguanide, a synthetic pyrimidine derivative. It has many mechanisms of action but primarily is mediated through conversion to the active metabolite cycloguanil. This inhibits the malarial dihydrofolate reductase enzyme. It has a weak blood schizonticidal activity and is not

recommended for therapy of acute infection. However it is useful in prophylaxis when combined with atovaquone or chloroquine (in areas where there is no chloroquine resistance). 3 mg/kg is the advised dosage per day, (hence approximate adult dosage is 200 mg). There are very few side effects to proguanil, with slight hair loss and mouth ulcer being occasionally reported following prophylactic use.

#### **Sulfonamides:**

Sulfadoxine and sulfamethoxypyridazine are specific inhibitors of the enzyme dihydropteroate synthetase in the tetrahydrofolate synthesis pathway of malarial parasites. Sulfonamides act on the schizont stages of the erythrocytic cycle. When sulfonamides are co-administered with the antifolate pyrimethamine, most commonly as fixed-dose sulfadoxine-pyrimethamine (Fansidar), produces synergistic effects sufficient to cure sensitive strains of malaria.

#### **Mefloquine:**

Mefloquine is a very potent blood schizonticide acting by forming toxic heme complexes that damage parasitic food vacuoles. It is now used solely for the prevention of resistant strains of *P. falciparum* despite being effective against *P. vivax*, *P. ovale* and *P. malariae*. Mefloquine is effective in prophylaxis and for acute therapy. It is now strictly used for resistant strains and is usually combined with Artesunate. Mefloquine is recommended as a dose of 15–25 mg/kg, depending on the prevalence of mefloquine resistance. The increased dosage is associated with a much greater level of intolerance, most noticeably in young children; with the drug inducing vomiting and oesophagitis. It was not recommended for use during the first trimester, although considered safe during the second and third trimester.

## **II. NEED OF STUDY**

### **1. GLOBAL HEALTH PROBLEM:-**

Malaria remains one of the most serious public health challenges worldwide, especially in tropical and subtropical regions such as Africa, Southeast Asia, and parts of South America.

### **2. High Mortality and Morbidity:-**

Children under five, pregnant women, and immunocompromised individuals are most vulnerable

to malaria-related deaths.

### **3. Emergence of Drug Resistance:-**

The major challenge in malarial treatment is resistance to conventional drugs such as chloroquine, sulfadoxine-pyrimethamine, and partially to artemisinin.

### **4. Need for New Drug Discovery:-**

The evolution of multidrug-resistant *Plasmodium falciparum* necessitates the discovery of new chemical entities and combination therapies.

### **5. Pharmacological Understanding:-**

A detailed study of antimalarial drugs helps in understanding mechanisms of action, pharmacokinetics, and pharmacodynamics.

### **6. Academic and Research Significance:-**

For pharmacy students, studying antimalarial drugs provides scientific understanding of drug development, resistance mechanisms, and clinical applications.

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## **III. AIM:- A REVIEW REPORT ON ANTIMALARIAL DRUGS OBJECTIVE:-**

### **1. Understanding Malaria Etiology and Life Cycle:-**

To study the causative agents of malaria (*Plasmodium* species) and the role of *Anopheles*

mosquitoes in transmission.

## 2. Understanding Malaria Etiology and Life Cycle:-

To classify antimalarial drugs based on:

Chemical structure: quinolines, artemisinin derivatives, antifolates, etc.

Stage of action: blood schizonticides, tissue schizonticides, gametocidal agents, and sporontocides.

## 3. Mechanism of Action:-

To study the biochemical and pharmacological mechanisms by which antimalarial drugs act on parasites.

## 4. Pharmacokinetics and Pharmacodynamics:-

To examine absorption, distribution, metabolism, and excretion (ADME) of key antimalarial drugs.

## 5. Drug Resistance Study:-

To study the emergence of drug resistance in *Plasmodium falciparum* and other species.

## 6. Recent Advances in Antimalarial Therapy:-

To explore new drug candidates like Tafenoquine, OZ439, KAF156, and novel formulations.

To understand the role of nanotechnology, targeted drug delivery, and multistage antimalarial compounds.

## IV. CONCLUSION

The combination of Arterolane and Piperaquine act as blood schizonticides with rapid clearance of parasitemia and most malaria-related symptoms, coupled with prevention of recrudescence. The combination provides high clinical efficacy as assessed by PCR corrected ACPR (Adequate Clinical and Parasitological Response), fever clearance time and parasite clearance time. Arterolane maleate and piperaquine phosphate was as well tolerated as artemether and lumefantrine, and had a similar safety profile. Arterolane maleate and Piperaquine phosphate is a synthetic drug and hence easier to manufacture with better predictability and reliability of supplies.

## V. SUMMARY

Malaria is one of the most widespread infectious diseases, especially in tropical and subtropical regions. It is mainly caused by *Plasmodium falciparum* and *Plasmodium vivax*, transmitted by the female *Anopheles* mosquito. Antimalarial drugs play a key role in the prevention, control and treatment of malaria. Over the years, several antimalarial agents such as

chloroquine, artemisinin derivatives, quinine, primaquine and combination therapies have been developed to reduce morbidity and mortality.

However, increasing drug resistance has become a major global challenge. Chloroquine-resistant *P. falciparum* has spread in many countries, leading to the development of Artemisinin-based Combination Therapies (ACTs), which are currently the most effective treatment. Continuous monitoring of drug efficacy, development of new molecules, and vaccine research are essential to overcome emerging resistance.

The review highlights the mechanisms of action of different antimalarial drugs, their therapeutic uses, side effects, resistance patterns and recent advancements. New research focuses on next-generation antimalarials, transmission-blocking agents and long-acting injectable formulations.

Strengthening surveillance programs and improving clinical management can significantly contribute to malaria eradication efforts.

## VI. FUTURE SCOPE:-

1. Accelerate development and regulatory review of non-artemisinin combinations (e.g., ganaplacide + lumefantrine) to provide alternatives where ACTs fail.
2. Expand pipeline investment in compounds with novel targets (protein-transport disruption, PfATP4 inhibitors, etc.).
3. Develop single-dose radical cures for both *falciparum* and *vivax* infections to improve adherence.
4. Scale affordable point-of-care G6PD test so that tafenoquine can be deployed safely at scale.
5. Invest in transmission-blocking drugs to reduce community spread and complement vaccines.
6. Real-time genomics surveillance networks for resistance markers integrated into national malaria programs.

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