

Management of Rabies in Canines: A Systemic Review Concerned On Public Health with Diagnosis.

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ABSTRACT: Before urbanization, canine rabies was native, but unhow survives in tiny dog classes that are often found in rural and remote areas. Our goal was to ascertain if rabies-induced behavioral alterations affect disease persistence by modeling rabies epidemics in such groups (50-90 dogs) using a model i.e., network-based. It was discovered that behavioral modifications—increased bite frequency and higher numbers or lengths of interactions (disease-induced roaming or paralysis, respectively)—were crucial for the spread of the illness. In almost 50% of model simulations, the spread was detected, and in these, extremely low case rates (2.0-2.6 cases/month over extended durations; 95% range 20-473 days) were noted. As a result, it is difficult to identify sickness without running the danger of infecting humans and spreading it to neighboring communities through dog movements. Even with pre-emptive vaccination coverage of 70%, dissemination occurred in more than 30% of model simulations (the median case rate in these scenarios was 1.5/month with a 95% range of 15-275 days). It concludes that the key to understanding how rabies persists in small dog populations is the social disturbance generated by rabies-induced behavioral change. According to the results, to avoid the spread of rabies in rural areas that are now rabies-free, a vaccination rate of far more than the recommended 70% of dog populations is needed.

KEYWORDS: Rabies, Dogs, Diagnosis, Canines, Immunization.

I. INTRODUCTION

The Latin word for rabies, "rabere," also means "to go mad." In the 23 century BC, the pre-mosaic Eshmuna code of Babylon contained the first authentic description of rabies. But Louis Pasteur was the one to link the illness to a virus in the 1880s.^[1-3] Although rabies is a viral zoonosis that can be prevented through vaccination, it still poses a serious threat to public health in developing nations, as shown by the fact that rabies causes

more than 60,000 fatalities each year while only about 15 million people worldwide receive post-exposure prophylaxis (PEP) for the disease.^[4-5] Despite massive global efforts, intensive control measures, and public health awareness campaigns, over 95% of deaths still occur in Asia and Africa, where canine rabies is enzootic (WHO 2013).^[6-7] A rabid dog's bite causes roughly 20,000 human deaths annually in India.^[8]

Despite cutting-edge medicinal approaches, rabies in humans always results in terminal diseases. Rabies continues to hold the seventh spot among the infectious diseases that are widespread over the world in terms of the severity of human death.^[9-10] Rabies in mammals is caused by a neurotropic, negative sense, non-segmented, single-stranded RNA virus of the Lyssavirus genus, a member of the Rhabdoviridae family and the Mononegavirale order.^[11] Because it affects the nervous system (NS), rabies can be fatal. An intriguing feature of the lyssavirus is the presence of seven distinct genotypes. The rabies virus (RABV) has a genome that is approximately 12 kilobases long and contains five structural proteins: RNA-dependent RNA polymerase (L), nucleoprotein (N), phosphoprotein (P), matrix protein (M), glycoprotein (G), and the N, P and L proteins that make up the RABV genome create a ribonucleoprotein complex that aids in the viral replication process in the cytoplasm of host cells.^[12-14] The RABV's G protein is the only one to be expressed on the viral surface and is responsible for the pathogenicity of the virus as well as the induction of rabies-protective immunity. But, with more extensive sampling, there is still a risk that the number of these viruses will rise. It specifically causes acute encephalomyelitis, which primarily affects bats and carnivorous animals. However, it also has the potential to affect all warm-blooded animals, including humans, as well as a variety of wildlife species that primarily serve as infection reservoirs. As a result, it has an impact on population dynamics. The majority of cases of rabies are fatal, and there is no specific antiviral

medication or method of globally distributing the disease. All continents, except Antarctica and Australia, are covered by the disease's distribution. The disease creates urgent public health concerns in Asia and Africa.^[15-17] In the Asian subcontinent, it is primarily high in Bangladesh and India, then fairly common in Nepal, Myanmar, Bhutan, Thailand, and Indonesia. Its prevalence has been reported to range from 20% to 50% in several domestic animal species. Animals' susceptibility varies widely depending on their species, genetic make-up, age, strain, biotype, or virus dose, as well as their exposure route. Although rabies is prevalent throughout the world, control programs in nations like the USA have made it easier to reduce the number of cases. Human mortality from rabies infection is low in many developing nations due to underreporting, cultural beliefs, subpar or insufficient rabies diagnostic facilities, and a lack of understanding about the disease's mode of transmission and methods of prevention. Medical experts have disregarded the disease as a result of the under-reporting of rabies in endemic developing nations, and as a result, the international community and donor organizations have provided inadequate help.^[18-20] The existence of multiple lyssavirus genotypes in various parts of the world, the majority of which cause disease in people, is a big worry. Due to the virus's presence in samples that are readily available, such as saliva and cerebrospinal fluid, at low levels, it is difficult to detect the disease in humans quickly (CSF). Non-bite transmission methods include inhaling RABV particles, receiving organ and cornea transplants, and infecting open wounds, abrasions, and mucosal membranes with the saliva and brain tissue of a rabid animal carrying RABV. Bats are legally protected in the majority of European nations by both national and international laws governing nature preservation. Research on bat rabies is crucial to understanding whether or not this disease poses a serious threat to human health. Understanding the prevalence of rabies in different species of bats is equally important.^[21-22] So, it appears that passive surveillance of bat rabies is a sufficient method for learning about bat rabies incidence that does not interfere with bat conservation. To raise public awareness for the conservation of bats in conjunction with public health, it is also essential to know the prevalence of rabies in specific bat species, the likelihood that humans or animals will contract the disease, and the potential risks to both human and animal health. As a result, organizations active in bat research and

conservation should work well together. The standard method for diagnosing rabies involves finding Negri bodies using Sellar's staining.^[23-24] Due to short duration, cheap cost, and excellent sensitivity, the direct fluorescent antibody method (dFAT) is the gold standard test for rabies diagnosis and has been authorized by the WHO.^[8-9] In addition to dFAT, the very sensitive mouse inoculation test is frequently used, particularly in underdeveloped nations. In clinical samples like CSF, saliva, skin biopsy, and corneal impression smear, the polymerase chain reaction (PCR) method of RABV nucleic acid detection appears to be a reliable diagnostic tool for the antemortem diagnosis of rabies. Fortunately, rabies can be avoided by vaccination provided PEP is given correctly and on schedule. A better understanding of the fundamental mechanisms that underlie the pathogenesis of rabies may be necessary for the development of effective therapies. The treatment of rabies in humans and animals is a majorly challenging area of medicine. The current review discusses rabies' etiology, prevalence, and epidemiology, affected species and reservoirs, pathology, immunopathology, and pathogenesis, as well as developments in diagnosis, vaccination, treatment, management, prevention, and control of this significant viral pathogen with significant public health concerns.^[25]

Through vaccination, rabies, a zoonotic, viral disease, can be avoided. Rabies almost always results in death when clinical symptoms first appear. Up to 99% of the time, domestic dogs are to blame for human rabies virus transmission. However, rabies can affect both domesticated and wild animals. It usually spreads through saliva and is transmitted through bites or scratches to humans and animals.^[26-28]

With the exception of Antarctica, all continents are infected with rabies. Asia and Africa are responsible for more than 95% of all rabies-related deaths. Rabies is one of the NTDs. It mostly affects vulnerable and underprivileged communities that live in isolated rural areas. Over 80% of human cases occur in rural areas. Even though rabies vaccines and immunoglobulins for humans are effective, those in need rarely have access to either of these options. Youngsters between the ages of 5 and 14 are regularly survivors of rabies, yet rabies passings are seldom reported on a worldwide scale. The cost of managing a rabies exposure, which is currently estimated to cost an average of US\$ 108 for rabies post-exposure prophylaxis (PEP), is crippling for

affected families, whose average daily income may be as low as US\$ 1-2 per person^[1].

In excess of 29 million people overall get a post-nibble vaccination every year. It is anticipated that this will prevent hundreds of thousands of rabies-related deaths annually. Worldwide, rabies transmission by dogs is estimated to cost US\$ 8.6 billion annually.^[8]

II. HISTORICAL ASPECT

The earliest case of rabies known to humans. The Latin word for rabies is rabere. To rave or anger is to the rabble. The Sanskrit word rabhas may be the source of the Latin word rabere. Rabhas intends to use force. Greeks gave the disease the names lyssa or lytta, which signifies frenzy or insanity. They gave the symptom that rabies victims display—hydrophobia, or a fear of water—the moniker of human rabies. Aristotle claims around 400 BC that "dogs suffer from the crazy. They become extremely agitated as a result, and any animals they bite get sick. The Greeks today worship two distinct rabies gods: Arisaeus, a son of Apollo, who prevents rabies, and Hecate, a god of rabies healing (Artemis).^[8-9]

Morgagni reported in 1679 that paraesthesia frequently occurred at the site of a lesion before the commencement of clinical rabies, and he proposed that the virus spread neurally rather than hematogenous. John I. Hinter's hypothesis that the disease might be experimentally transmissible by inoculation of infectious saliva from animals and people was supported by Zinke in 1804 and Magendie in 1821.^[5-6]

Until Negri made his first observation of darkly stained inclusions in some nerve cells in the brains of rabid animals, which he mistook for a protozoan, at the beginning of the twentieth century, very little was known about the disease agent. This was a turning point in the understanding of the neurotropic nature of the rabies virus in the nineteenth century, which culminated in the 1880s with Pasteur's groundbreaking experiments and postexposure treatment.^[8] The agent's ultramicroscopic characteristics were established by Remlinger's filtering tests in 1903.^[6] Babes' *Traite de la Anger*, which was published in 1912, is still one of the most comprehensive works on the condition.^[9] In 1962, Matusmoto used electron microscopy to discover the rabies virus for the first time and described how it looked physically.^[10] Several methods, including immunofluorescence, ferritin labeling, electron microscopy, and immunoperoxidase staining, were

used to demonstrate the viral antigen's presence in Negri bodies. In 1963, it was determined that the rabies virus is an RNA.

Albeit the rabies infection has been spread in cell culture as of late, it has been effectively sent in exploratory creatures since the mid 1800s. The rabies virus was first produced in cell culture in 1936, and in chick embryos in 1938. The rabies virus was not successfully propagated in primary cells or continuous cell lines by Kissling until 1958. This achievement was significant because it opened the door to the development of rabies post-exposure prophylactic tissue culture vaccines.^[29-31]

The day denoted the coming of present day science in the time of irresistible illnesses, which zeroed in on infectious prevention and counteraction. In 1903, Remlinger and Riffat-Bay identified the RABV. In the Kaliningrad region, RABV first appeared in red foxes (*Vulpes vulpes*) in the 1940s. Inside years and years, it extended to Focal and Western Europe. The first oral rabies immunization campaign for wildlife was launched in Switzerland in 1978. Thereafter, other European countries stuck to this same pattern. In 1988, a field trial of three oral vaccination campaigns and mandatory vaccination of dogs in the outbreak area using SAD B19 bait began, and in 1991, Finland was once more declared rabies-free.^[31]

III. EPIDEMIOLOGY

Infection rates of rabies in domestic animal populations around the world and the volume of human contact with these animals are comparable to the epidemiology of rabies in humans. The majority of illnesses in Asia, Africa, and South America are spread by dogs and other canine species, making them the only significant vectors for humans from the perspective of public health. In these nations, dogs are the main rabies carriers, and 95% of human rabies cases are brought on by dog bites. The majority of dog-related cases also reflect the high rate of dog bites, which is between 200 and 800 per 100,000 people worldwide. Developed nations with successful domestic rabies control programs include the United States, Canada, and Western Europe. The rabies virus can infect humans through the bites of foxes, skunks, bats, and domestic cats that have not been inoculated, aerosol inhalation (by laboratory personnel), and corneal transplants. Mongoose and jackals in Africa, foxes in Europe, Canada, and the dry sub-Arctic regions, the wolf in Western Asia, and vampire bats in Latin America are the main wild animal carriers of rabies.

PARAMETERS	n (%)
Mean Age (Years)	21.5 ± 2.73 years
16-19	31(34.8%)
20-23	38 (42.7%)
24-27	20 (22.5%)
Gender	
Male	33 (37.1%)
Female	56 (62.9%)
Year of Study	
I Year	61 (68.5%)
II Year	27 (31.5%)

Table-1: The study population's sociodemographic characteristics (n=89) as shown from study.

Bats have turned into the essential rabies hazard to people in the US due to a mix of virological, natural, and environmental factors. Recently, the silver-haired and eastern pipistrelles bat virus has received particular attention due to its potential to infect human skin more readily than other strains of the rabies virus and the fact that the bat's small teeth may leave little evidence of a bite. Additionally, human exposures seem to be increasing, possibly as a result of the growing encroachment of human habitation in formerly rural areas. The Indian subcontinent, Southeast Asia, and the majority of Africa are currently the three main rabies centers in the world. Asia has the highest rates of human rabies. India and Sri Lanka had more than three cases of rabies per 100,000 people per year in the 1970s, but today's rates in most Asian countries are probably between one and one million, and those in South America are one million or less. A total of 30,000 cases occur annually in India, with an estimated 35.5 deaths per million people caused by rabies. According to the World Health Organization, 50,000 fatal cases of rabies are reported worldwide each year. The annual rabies fatality rates for the various nations are provided. When canine rabies was largely Established in the United States in the 1940s and 1950s, there were about 50 (0.2 per 4 million instances of human rabies primarily from dog attacks per year. In the 1960s and 1970s, the number of human rabies cases fell to an average of less than two per year as the number of dog cases rose.^[32-33]

Dog slaughterhouses are regarded as a significant risk factor in the rabies epidemic in a number of Asian and African nations. It is alarming evidence of the significance of dog trade and consumption of dog meat in the rabies epidemic that RABV isolates from Burkina Faso, Vietnam, and Mauritania, respectively, shared similarities

with those from China and Mauritania. In most deserted rustic towns, particularly in thickly populated places, there is a connection between rabies elements and natural cleanliness. This relationship elevates the risk of rabies transmission in canines and people as well as the other way around. India is one of the countries with the highest rabies prevalence. The Association for the Prevention and Control of Rabies in India (APCRI) conducted a nationwide analysis that found that rabies was the cause of 18,500 human deaths annually. There are still between 40,000 and 70,000 documented human deaths worldwide. Nonetheless, the illness is absent on the islands of Andaman and Nicobar or Lakshadweep, yet it is profoundly considered normal in different areas of the country. According to reports, rabies affects 48% of dogs, 21.9 percent of cats, 61.4 percent of cattle and buffalo, 48.7% of goats, and 45 percent of horses. In several of the well-documented domestic animal rabies outbreaks in the country, it was thought that dogs were the source of the infection. The geographic dispersion of rabies creature supplies shifts. The RABV that is most prevalent in dogs is the cause of approximately 99 percent of human cases worldwide. This important vector species' viral variety, structure, evolution mechanism, and time scale have only been examined on a limited geographic scale, despite their crucial role in disease transmission. The rise of transoceanic travel in the 14th century is thought to have started the spread of rabies to all continents. Consequently, the so-called cosmopolitan RABV dog lineage has spread worldwide. Albeit the possibility that RABV spread via overseas travel is habitually announced, it has never been totally examined utilizing momentum sub-atomic phylogenetics. The biodiversity of canine rabies as well as its regional and temporal distribution have been determined by

sequencing and analyzing a substantial data set of RABV, which includes multiple isolates from 55 distinct nations worldwide. To improve the accuracy of phylogenetic studies, the entire nucleoprotein and glycoprotein gene sequences have been analyzed for evolutionary patterns. There have been reports of the disease spreading from rabies-infected areas nearby to rabies-free areas on the border region between South Korea and Flores Island, Indonesia. As a result, rabies requires special attention as a significant emerging and reemerging disease, even in nations where it is not present. Partial sequencing of the N and P genes is carried out in order to comprehend the molecular diversity of Indian RABV, which has been isolated from the brains of dogs, cats, cattle, and other animals. Using the N gene, phylogenetic analysis showed that all of the Indian isolates are related to one another and are part of the same group of arctic or arctic-like viruses. In contrast, the P gene-based phylogeny established two distinct groups. In the north and south of India, the G gene of RABV was isolated from the brains of six distinct species in Delhi, Gujarat, Uttar Pradesh, Madhya Pradesh, and Rajasthan between 2001 and 2014. This revealed that all of the Indian isolates shared genetic similarities with viruses of the 1a lineage, which is similar to the Arctic. In addition, all Indian RABV isolates shared 95.5%–100% geographic homology, despite the fact that their host species varied.^[34-35]

VIROLOGY

The negative-stranded, nonsegmented RNA genomes of the rabies virus belong to the Mononegavirales order of viruses. The Rhabdoviridae family, which includes at least three genera of animal viruses, is thought to be home to viruses with a distinctive "bullet" shape. Ephemerovirus, Vesiculovirus, and Lyssavirus. The rabies virus, the Lagos bat virus, the Mokola, Duvenhage, European bat viruses 1 and 2, and the Australian bat virus are all members of the genus Lyssavirus.^[36]

STRUCTURE

The surface of rabies virions is covered in 10-nm glycoprotein peplomers that resemble spikes. After being phosphorylated or proteinized, RNA is wrapped in nucleoprotein-(N) to form the ribonucleoprotein.

Rhabdoviruses have a length of approximately 180 nm and a width of approximately 75 nm. Five proteins are encoded in

the rabies genome (L): polymerase, phosphoprotein (P), glycoprotein (G), matrix protein (M), and nucleoprotein (N). All rhabdoviruses share a helical ribonucleoprotein center (RNP) and an encompassing envelope as their essential primary parts. The genomic RNA is completely encased by the RNP's nucleoprotein. The RNP is connected to two more viral proteins: the large protein (L-protein or polymerase) and the phosphoprotein. On the surface of the virus, the glycoprotein forms 400 trimeric spikes that are closely spaced. It's conceivable that the essential protein accountable for rhabdovirus gathering is the M protein, which is connected to both the RNP and the envelope. The longitudinal graphic depicts the rabies virus's fundamental components.

An RNA virus causes rabies. The image below depicts the relative sizes and order of the genome's genes. The genome is responsible for encoding five proteins: N, P, M, G, and L. The structure of the rabies virus is determined by the arrangement of these proteins and the RNA genome.^[18-19]

Cycle Of Infection And Replication

The antisense, single-stranded, nonsegmented RNA that makes up the rabies virus's genome is about 12 kilobytes in size. The leader sequence (LDR) of the N, P, M, G, and L genes is approximately 50 nucleotides long.

When the infection wires are wrapped in the film of the host cell, the rabies contamination process begins (adsorption). There may be a connection between the G protein and some cell surface receptors. Through clathrin-coated pits created by adsorption and pinocytosis, the virus can enter the cytoplasm of the host cell. Large endosomes are where viral vesicles, or cytoplasmic vesicles, congregate. The viral RNP is released into the cytoplasm when the viral membranes join the endosomal membranes (uncoating). Lyssavirus replication relies on messenger RNAs (mRNAs) because of their linear, single-negative stranded ribonucleic acid (RNA) genome. The genomic strand of rabies RNA is transformed into leader RNA, five capped and polyadenylated mRNAs, and proteins by a virally encoded polymerase (L gene). The formation of the N, P, M, G, and L proteins is the result of translation on unbound ribosomes in the cytoplasm. The glycoprotein is processed in the endoplasmic reticulum (ER) and Golgi apparatus after glycoprotein synthesis begins in free ribosomes. The intracellular proportion of pioneer RNA to N protein controls the progress from record to replication. The second this switch

is actuated, the viral genome starts to duplicate. The production of complete copies (positive strands) of the virus's genome is the initial stage of viral replication. RNA transcription becomes "non-stop" and stop codons are ignored when replication takes center stage. The viral polymerase only reaches a single location close to the 3' end of the genome in order to produce full-length copies of the genome. The full-length negative strands of the viral genome are made from these rabies RNA-positive strands as layouts.^[36]

During assembly, the N-P-L complex encases negatively stranded genomic RNA to form the RNP core, and the M protein forms a matrix or capsule around the RNP. As the RNP-M complex moves to a plasma membrane region with glycoprotein inserts, the M-protein begins to coil. After the M-RNP complex binds to the glycoprotein, the entire virus emerges from the plasma membrane (Figure 4). The central nervous system (CNS) is the area of the body where viral budding from plasma membranes is most prevalent. On the other hand, most viruses in salivary glands enter the acinar lumen through the cell membrane. Viral budding into the salivary gland and the host animal's aggressive biting behavior caused by the virus increase the likelihood of a virus infecting a new host.

TRANSMISSION

Whether they are of the same species or not, mammals can easily contract the rabies virus from one another. When an infected animal bites another animal, the virus is typically transmitted by saliva. Less frequently, an animal or person will become ill after coming into contact with infectious saliva, neurological tissues, mucous membranes, or skin breaches. Rabies cannot be spread through healthy skin. Rare reports of transmission via other methods have also been made. After organ transplants, mainly corneal transplants but also the pancreas, kidney, and liver transplants, there have been a few cases documented. In rare situations, such as labs and bat caves with an abnormally high density of aerosolized, live virus particles, aerosol transmission has been proven to occur. Anecdotal evidence suggests that a lamb and a baby human were exposed to rabies viruses through milk. Rabies viruses have also been transferred through eating in experimentally afflicted animals. (More typical pathways of dissemination could not be ruled out in the latter situation.) There is a considerable hypothesis that rabies may spread among wild animals by eating. When kudu ate

thorn trees, there may have been a kudu epizootic that spread to other animals. There are no known cases of humans contracting an illness using this method. Yet, in 2 occurrences looked at by the CDC in the United States, post-exposure prophylaxis was given to those who drank unpasteurized milk from rabid cows. Since heat kills the rabies virus, pasteurized milk and cooked meat should not pose a threat of infection. However, the National Association of State Public Health Veterinarians cautions against consuming rabid animal tissues and milk as a precaution. the spread of the rabies virus within the body Following infection, the virus enters an eclipse phase, making it difficult to detect. During this phase, it reproduces in muscle-like tissue, a non-nervous tissue. It is possible to neutralize it if antibodies are present, even though it frequently does not elicit an immunological response at this time. The virus enters the peripheral neurons within a few days or months and reverses through the axons to the central nervous system. After first infecting neurons in the central nervous system (CNS), where clinical symptoms begin as the neurons become infected, the virus spreads via peripheral nerves to highly innervated tissues. The majority of the virus can be found in saliva, salivary glands, nerve tissue, cerebrospinal fluid (CSF), and other bodily fluids. The lungs, kidneys, bladder, heart, ovaries, testicles, prostate, pancreas, intestinal tract, cornea, sebaceous glands, tongue papillae, and brown bat fat are other tissues and organs that have shown signs of virus infection. When handling the majority of bodily fluids or intact organs, it is thought that there is a low risk of infection because the rabies virus is contained within the neurons. Medical professionals are given post-exposure prophylaxis after sustaining a needlestick or other puncture wound while attending to a rabies patient, despite the fact that a puncture could theoretically pierce a neuron. Organ transplants also have a (rare) risk if the donor is not known to have rabies. Despite the widespread belief that blood, urine, and feces are not contagious, some studies have shown that viremia may develop at some point during the infection. Using a polymerase chain reaction (PCR) assay, a recent study on mice found viral RNA when the mice were clinically ill, but not when the virus was still moving to the CNS. cycles in epidemiology For rabies, there is a single urban and one rural epidemiological cycle. In the urban rabies cycle, dogs are the primary reservoir host. In areas of Africa, Asia, and Focal and South America where

the level of unvaccinated, somewhat possessed, or lost canines is enormous, this cycle is pervasive. Although wild animals occasionally infect dogs, the canine population does not perpetuate the urban cycle. In Europe and North America, it has virtually disappeared. The cycle that predominates in North America and Europe is the sylvatic (or wildlife) cycle. In several regions of the world, it also coexists with the urban cycle. This cycle's epidemiology is complicated; variables influencing it include the virus strain, host species' behavior, ecology, and environmental conditions. In any environment, a particular strain of rabies is frequently spread by one, and sporadically by as many as three wildlife species. Either a slow-moving epidemic or a relatively steady disease pattern can emerge in wildlife. Examples of recent epidemics include a slow-moving fox rabies outbreak in Europe and a raccoon rabies outbreak that spread north through the U.S. east coast and into Canada.^[37-38]

IV. DISINFECTION

Lipid solvents (cleanser arrangements, ether, chloroform, and CH₃2CO), 1% sodium hypochlorite, 2% glutaraldehyde, 45-75% ethanol, iodine arrangements, quaternary ammonium mixtures, formaldehyde, and low pH can all inactivate the rabies infection. This virus is also vulnerable to UV light or heat for an hour at 50 degrees Celsius. It cannot survive for an extended period outdoors unless it is in a cold, dark location since sunlight quickly renders it inactive.^[20]

INFECTIONS IN HUMANS

Egg-laying Period The incubation period lasts from a few days to several years in humans. In most cases, after one to three months, symptoms emerge. In one study, 6 months or more of incubation time was seen in 4–10% of cases.

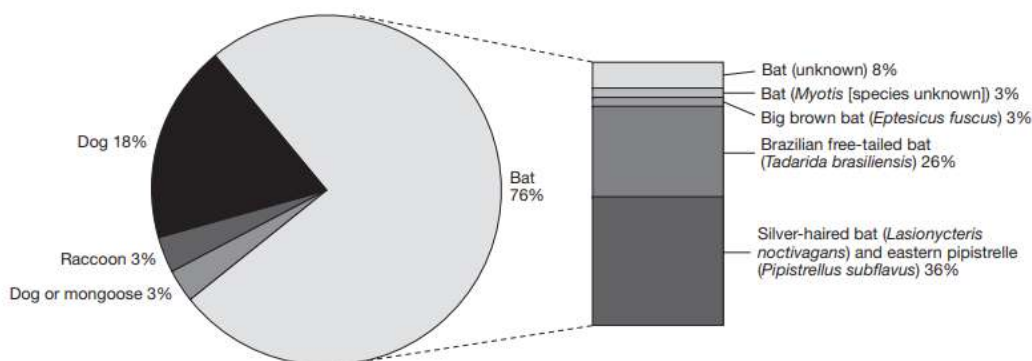


Fig 1: From 1995 to 2008, 38 human rabies infections were caused by these factors in the United States.^[12]

CLINICAL SIGNS

Nonspecific prodromal symptoms like malaise, fever, or headaches can be early signs of a viral infection, as can sensory changes or discomfort, pain, or pruritus. After a few days, anxiety, confusion, and agitation may begin to show up. These symptoms may get worse and include delirium, hallucinations, insomnia, strange behavior, increased sensitivity to light and sound, hyper salivation, difficulty swallowing, pharyngeal spasms when exposed to liquids, and convulsions. Either a paralytic (dumb) form, characterized by global paralysis, or an encephalitic (angry) form, characterized by hyperexcitability, autonomic dysfunction, and hydrophobia, can predominate. Death typically occurs within two to ten days; Surviving is extremely rare.^[12]

COMMUNICABILITY

The rabies virus is found in human saliva; although theoretically rare, the person-to-person transmission does occur. Bites, kisses, or another direct saliva contact with mucous membranes or broken skin, sexual activity, sharing smokes or drinking or eating utensils, and other similar activities all carry the risk of exposure. The CDC advises postexposure prophylaxis for everyone who has at-risk contact with a person within 14 days before the beginning of clinical indications. It is unknown how long humans can shed the virus before developing symptoms. The potential that the object may have traveled through nervous tissue prompts the CDC to advise preventative treatment after a needlestick or other sharp object injury during an autopsy or patient care. It is believed that the virus is not present in bodily fluids such as

feces, blood, or urine. There have been a few isolated reports of transmission in an internal organ or corneal transplants.^[13]

DIAGNOSTIC TESTS

In antemortem diagnosis, antigen or nucleic acid detection, virus isolation, or serology may all be utilized. Viral nucleic acids or antigens can be found in saliva or skin biopsies taken from the nape of the neck using RTPCR or immunofluorescence. The virus has infected the cutaneous nerves at the base of hair follicles on the skin. The rabies virus may occasionally be present in eyewash or corneal impressions, and RT-PCR may occasionally detect nucleic acids in CSF. In either the antemortem or postmortem diagnosis, virus isolation is helpful. At the point when a patient is as yet alive, the rabies infection can periodically be secluded from spit, conjunctival discharges or tears, corneal impressions, skin biopsies, or (less regularly) CSF, as well as from the mind after a post-mortem examination. Various cell lines and mouse neuroblastoma (MNA) cells can be used to recover the virus. Weanling mice can also be inoculated with animals. An antemortem diagnosis typically requires multiple tests due to the fact that the virus is rarely found in tissues other than the central nervous system. Infections can also be difficult to identify when the first clinical signs begin to appear, as rabies is typically undetected during the incubation phase. In any event, when nucleic acids or antigens are found utilizing different procedures, the rabies infection at times remains unisolated. Immunofluorescence is typically used in postmortem diagnosis to locate viral antigens in the brain. The enzyme-linked immunosorbent assay (ELISA), indirect immunofluorescence, and viral neutralization are all examples of serological methods that can be applied to serum or CSF. Antibodies in the serum may also be the result of vaccination or the delivery of human rabies immunoglobulin, despite the fact that the discovery of antibodies in the CSF is conclusive. Because circulating neutralizing antibodies typically do not manifest until later, infected individuals may still be seronegative when they pass away.^[37-38]

TREATMENT

Postexposure prophylaxis consists of rabies vaccination, the administration of human rabies immunoglobulin, and quick wound cleaning and disinfection. The rabies vaccine is typically administered intramuscularly into the arm in five

doses in the United States. There are fewer doses and no rabies immunoglobulin administered to individuals who have already been vaccinated against rabies. Postexposure prophylaxis is most effective when started as soon as possible after exposure. There is no cure once symptoms start to appear. Vaccines, antiviral medications like ribavirin and interferon-alpha, passively delivered antibodies against the rabies virus (human immunoglobulin or monoclonal antibodies), ketamine, and/or inducing a coma have all been tried before, but most of them have failed.

Therapy is frequently palliative, and the likelihood of failure is extremely high. Ribavirin and supportive care, including the production of a therapeutic coma, were used to treat one patient who made a full recovery; however, other patients did not respond to the same course of treatment. Even with successful treatment, there may still be serious and sometimes life-threatening neurologic abnormalities.^[34]

PREVENTION

Domesticated animals should have vaccinations to stop them from contracting the disease and spreading it to humans, especially dogs, cats, and ferrets. Controlling stray animals is also necessary. Particularly dogs serve as reservoirs for the canine rabies virus. Rabies is easily contracted by cats, yet there is no cat-specific version of the disease. Never feed or handle wild animals, and stay away from any that are acting strangely. Houses and public structures should be protected from bats. Wild animals are sometimes given an oral vaccination through the use of baits. Animal control personnel and veterinarians should handle potentially rabid animals with the utmost caution. While performing autopsies or in other situations where exposure to infectious tissues may occur, protective clothing such as thick rubber gloves, eye protection, and a plastic or rubber apron should be worn. It is important to report bites and any exposures as away. The three components of post-exposure prophylaxis are rabies vaccine, human rabies immunoglobulin delivery, and rapid wound cleaning and disinfection. After biting someone, asymptomatic dogs, cats, or ferrets are kept under observation for ten days; if the animal shows rabies symptoms during this time, it is put down and tested for the disease. For veterinarians, animal handlers, wildlife officers, laboratory employees, and other people with a high risk of exposure, an inactivated human vaccination is available. In some situations, vaccinations are also

given to international passengers. Post-exposure prophylaxis is still necessary for those who have received the vaccine, but it does away with the need for rabies immunoglobulin and reduces the number of post-exposure shots. Additionally, if postexposure prophylaxis is put off, it may strengthen immunity or offer some protection to people who have had subtly exposed. There is little to no cross-protection with the viruses in phylogroup II, even though rabies vaccines appear to offer some degree of cross-protection against lyssa viruses related to rabies in phylogroup I. (Mokola virus and Lagos bat virus). Depending on the particular virus, different levels of defense against phylogroup I viruses may be present.^[33]

MORBIDITY AND MORTALITY

Clinical rabies in humans is uncommon in the United States; typically, 0–3 cases are documented annually. Those who did not understand they had been exposed to something or who for some other reason chose not to seek medical attention typically go on to die. When started right after, post-exposure prophylaxis is almost always successful. In Canada, the majority of the European Union, and a few South American nations, human rabies is likewise quite uncommon. In some sections of the poor world, the prevalence rates are high. Almost 90% of rabies cases worldwide result from contact with infected dogs. They are far less significant as a vector in nations with good vaccination rates for dogs, where wildlife like bats are responsible for a bigger proportion of illnesses. The viral variation, virus dose, route and location of exposure, and host characteristics including age and immunological status are among those that may have an impact on how an infection turns out. An estimated 20% of those bitten by rabid dogs go on to develop rabies without post-exposure treatment. Even with careful care, the condition almost often results in death within 3 weeks of the onset of symptoms. Only six cases of acute sickness survival have been documented. Two people had a full recovery with no serious neurological aftereffects. At the time of diagnosis, both of these patients had antibodies to the rabies virus, and tests to diagnose the disease based on the presence of the virus came back negative. Four survivors still have serious neurological problems. Before or soon after their exposure to the virus and before their symptoms appeared, five of the survivors had rabies vaccination treatment. One young girl (who survived and recovered well) did not get rabies

prophylaxis because, at the time of diagnosis, she had antibodies that neutralized the rabies virus. Some survivors may not have had rabies but rather post-vaccinal encephalomyelitis.^[32]

V. INFECTIONS IN ANIMALS SPECIES AFFECTED

The rabies virus can infect any animal. There are various kinds of the rabies infection, and every one lives in an alternate repository have (s). Canidae (dogs, jackals, coyotes, foxes, and raccoon dogs), Mustelidae (skunks, martens, weasels, and stoats), Viverridae (mongooses and meerkats), and the order Chiroptera (raccoons) are important maintenance hosts (bats). Even though cats are frequently infected with rabies viruses from other hosts and can easily spread the virus, no cat-adapted variants of the disease have been found. The major reservoir hosts differ by region. In North America, the rabies virus maintains itself in the striped skunk (*Mephitis mephitis*), raccoon (*Procyon lotor*), coyote (*Canis latrans*), and numerous species of fox. Red foxes (*Vulpes vulpes*), raccoon dogs (*Nyctereutes procyonoides*), insectivorous bats, and wolves appear to be significant hosts in Europe. In the United States, Canada, and Europe, the canine rabies variant is strictly controlled, and it may not be present or only be present at very low levels in some locations.

However, it would appear that this virus has already infected some wildlife populations, including the grey foxes (*Urocyon cinereoargenteus*) in Texas and Arizona, and that it may have infected dogs from these reservoirs once more. In some regions of Latin America, Asia, the Middle East, and Africa, canine rabies continues to be a serious issue. Hosts from wildlife are another possibility. The rabies virus is carried by both insectivorous and vampire bats in South America, Central America, and Mexico. In South America, demon bats (*Desmodus rotundus*) occasionally cause cattle outbreaks. In Central and South America, a number of other wild animal species, including wolves, coyotes, skunks, and foxes, have also been identified as rabies carriers. In the Middle East, golden jackals and red foxes (*Canis aureus*) frequently contract wildlife rabies. In some parts of Asia, the virus is carried by raccoon dogs, arctic and red foxes, mongooses, and jackals. In the Caribbean, mongooses are also significant. The virus may persist in African species like jackals, foxes, mongooses, and genets, according to evidence.^[34]

INCUBATION PERIOD

The incubation period is influenced by a number of factors, including host immunity, the type of lesion, the position of the inoculation (bite wounds closer to the head have a shorter incubation period), the amount of virus that was transferred, and the virus strain. In canines and felines, the incubation period ranges from 10 days to 6 months; The majority of cases show up in two to three months. Cattle with rabies transmitted by vampire bats have an incubation period of 25 days to more than 5 months, according to research.^[24-26]

CLINICAL SIGNS

Initial clinical symptoms are frequently vague and may include anxiety, restlessness, anorexia or an increase in appetite, vomiting, a mild temperature, dilated pupils, hypersensitivity to stimuli, and excessive salivation. The initial sign of post-vaccinal rabies is usually lameness in the vaccinated leg. Animals frequently experience behavioral and temperamental changes, and they may exhibit extraordinary aggression or remarkable affection. When a disease first manifests in pigs, there is often a fairly violent excitement phase. The paralytic or furious type of rabies may then predominate, with these symptoms typically lasting between two and five days. The gradual paralysis characterizes the paralytic (or "dumb") type of rabies. The masseter and neck muscles are paralysis in this form, the animal may be unable to swallow, and it may salivate excessively. The lower jaw could drop or there could be facial paralysis. Ruminants have the potential to disperse from the herd, be sluggish or despondent, and stop ruminating. This variety frequently includes ataxia, clumsiness, and rising spinal paresis or paralysis. There may be a brief excitatory phase before the paralytic type of rabies, or none at all. Bites are not common. Respiratory failure frequently results in death within 2 to 6 days. The commonest form in cats is the furious form, which is connected to limbic system illness. It is characterized by attacks on living things, inanimate objects, or animals as well as restlessness, wandering, howling, polypnea, and drooling. This type of animal frequently swallows foreign items like straw, sticks, stones, or dung. Wild animals frequently lose their fear of people and may therefore attack people or other creatures that they would normally be afraid of (e.g., porcupines). Evening animals can sometimes be observed. Cattle could seem eerily awake. Convulsions are possible, especially in the last stages. With the furious type of rabies, death can

occasionally occur during a seizure, but more often, inability to move and ascending paralysis are symptoms that appear later in the course of the illness. 4 to 8 days following the commencement of the clinical indications, the animal typically passes away. Clinical symptoms are rarely always clear-cut, and it could be challenging to tell the difference between the dumb and furious variants. Behavior modifications and inexplicable paralysis are the most dependable warning indicators. In some feline cases, there were no noticeable behavioral changes, and the sickness initially manifested as ataxia or posterior weakness before progressing to ascending paralysis. Colic may be mistaken for discomfort and excessive agitation in horses and mules. A shift in vocalizations, such as an unusual bellow in cattle or a raspy howl in dogs, can be brought on by laryngeal paralysis. Unless there is a history of exposure to a possibly rabid animal, such as a raccoon, a diagnosis might be challenging in rabbits and rodents. While some infected rabbits displayed apparent neurological symptoms, frequently of the paralytic variety, others just experienced a generalized illness before passing away or displayed other symptoms that did not at first appear to be indicative of rabies. In one instance, several infected squirrels showed no symptoms other than an unexpected death. Unmarked clinical indications may accompany some animal deaths that occur within a day. Once the clinical symptoms start, survival is quite unlikely.^[29]

COMMUNICABILITY

The virus can spread to humans and other animals from any species; however, the effectiveness of the transmission varies depending on the host species and the type of rabies. Compared to animals with the furious form of rabies, those with the paralytic form are less likely to spread the disease. In general, carnivores are also better vectors than herbivores. Transmission from herbivore to herbivore is uncommon. The majority of recent human cases in the United States have been linked to insectivorous bats. Depending on the host species and virus strain, between 50% and 90% of animals shed viruses; The salivary virus titers range from extremely low to extremely high. Shrinkage may begin prior to the onset of clinical indications. Before side effects show, felines discharge the infection for 1 to 5 days, steers for 1, skunks for up to 14, and bats for quite some time. However, the virus could be detected in saliva for up to 13 days prior to the onset of clinical

symptoms in a few of the experimental studies, which involved viruses from Ethiopia or Mexico. Viral shedding in canines is commonly remembered to be limited to 1 to 5 days before the beginning of clinical signs. It is thought that domesticated animals have very few asymptomatic carriers. There have been reports of possible cases among dogs in Ethiopia and India. Infected dog was one of these cases which overcame clinical rabies and carried the virus in saliva and tonsils but not in brain or any other internal organs.^[12-14]

POST-MORTEM LESIONS

There aren't any distinctive gross lesions. Many anomalous things, such as sticks and stones, may be found inside the stomach. In addition to multifocal, moderate polio encephalomyelitis and craniospinal ganglionitis, typical histological findings in the central nervous system include mononuclear perivascular infiltrates, diffuse glial proliferation, regressive alterations in neuronal cells, and glial nodules. Corpses can occasionally be seen, but not always.^[12]

DIAGNOSTIC TESTS

In animals, immunofluorescence is typically used to detect the rabies virus in a brain sample obtained from a necropsy. The virus may also be found in salivary glands, skin (tactile facial hair follicles), and corneal impression smears, although detection is less successful. Immunofluorescence is most effective at detecting 98–100% of cases caused by all rabies genotypes and rabies-related viruses when applied to fresh samples. Additional methods (ELISAs) include evaluating the virus through immunohistochemistry and enzyme-linked immunosorbent assays. When analyzing a small sample (such as saliva) or a large number of samples for an outbreak or epidemiological survey, RT-PCR is extremely helpful. In the absence of more precise methods for identifying viral clumps in neurons (Negri bodies), histology is not recommended. Virus isolation in cell culture is frequently performed concurrently (using baby hamster kidney cells or mouse neuroblastoma cells), despite the fact that a single negative test does not rule out infection. Mouse inoculation may also be utilized in some instances. Specialized labs use monoclonal antibodies, specific nucleic acid probes, RT-PCR, and DNA sequencing to identify variant strains. Serology is infrequently employed in wildlife immunization programs or before domestic animals travel abroad to test seroconversion. Since the host typically

passes away before generating antibodies, it is rarely helpful for clinical case diagnosis. ELISAs and viral neutralization tests are examples of serological tests. The rabies virus and viruses associated with rabies have some cross-reactivity.^[24-26]

TREATMENT

Once the clinical indications start to manifest, there is no cure. Postexposure immunization strategies for animals have received little research and are frequently viewed as unwise since they could expose humans to more contaminants. In the US, animal post-exposure prophylaxis has not been shown to be effective, so it is not recommended. Post-exposure prophylaxis of livestock and pets is done in some Asian nations, including India, with commercial vaccines approved for this purpose. Vaccination and avoiding contact with rabid wild animals are two ways to prevent rabies in domesticated animals. Horses, cattle, sheep, ferrets, dogs, and cats can get rabies vaccines. Modified live vaccines have been linked to a small number of cases of rabies in dogs and cats following vaccination, despite the effectiveness of both inactivated and modified live vaccines. Even though vaccines haven't been tested on rats or rabbits, they could be used off-label in places like petting zoos where animals interact with a lot of people. Through the use of bait, oral vaccinations can be given to wild animals. These vaccinations might be beneficial in nations with a lot of stray dogs. The Mokola and Lagos bat viruses, which are phylogroup II rabies-related viruses that have killed vaccinated animals, do not appear to be protected by conventional rabies vaccines.^[24-26] Rabid wild animals are less likely to be encountered if they are prevented from roaming, so there appears to be some cross-protection with phylogroup I viruses that are related to rabies. Rats and rabbits that are kept as pets should be kept inside, and if they are permitted to exercise outside, they should be properly monitored. Raised, double-walled, and free of exposed wire mesh flooring are the requirements for outdoor rabbit hutches. Particularly odd-behaving domesticated animals should be kept apart from wild animals as much as possible. Bats that cats catch should be tested for rabies. Unvaccinated creatures that have been presented to rabies ought to be put down and tried to prevent the illness from spreading to individuals or different creatures, as well as to stay away from unnecessary prophylaxis in those that have previously been uncovered. They could also be

kept in strict isolation for six months while getting vaccinated against dogs, cats, and ferrets either immediately upon entering isolation or one month prior to being released. Albeit detached, different species like bunnies and animals are not vaccinated all the time. After their initial vaccination, revaccinated animals are kept under observation for at least 45 days. Animals with expired shots are evaluated on an individual basis. Currently, dogs, cats, or ferrets that have bitten people but have not been exposed to rabies before are monitored for ten days if they are asymptomatic; During this time, if the animal shows signs of rabies, it is put down and tested for the disease. Before animals can be imported from rabies-free nations, a lengthy quarantine period may be necessary. Death and Morbidity In Africa, Asia, the Middle East, and Latin America, canine rabies is still widespread. Canine rabies is now rare or nonexistent in the United States, Canada, and Europe, and the majority of cases are found in wildlife. In the United States, raccoons accounted for 35% of all animal cases in 2008, skunks for 23%, bats for 26%, and foxes for 7%. Less than 10% of all cases reported annually in the U.S. include domesticated animals; the majority of cases involve cats, cattle, and dogs. From 5,000 cases in 1946 to 75 cases in 2008, the number of rabies cases in dogs has dropped due to vaccination. Due to lower vaccination rates in this species, cats are currently more prone to contracting rabies than dogs. Although rabies frequently affects farmed animals in isolated cases, zoonotic outbreaks of the disease have also been documented in wild species, including the African kudu (*Tragelaphus strepsiceros*) and cattle in South America that were bitten by vampire bats. Moreover, rabies can pose a major threat to rare or endangered animals. This virus poses a threat to African wild dogs (*Lycan pictus*) and the Ethiopian wolf (*Canis simensis*) in that continent. The viral variant, virus dose, exposure method, location, and host characteristics including age and immune status all have an impact on how exposure will turn out. Unknown is the proportion of exposed animals that do not get sick. In one experimental trial, 8 of 47 rabies-vaccinated dogs survived and developed resistance to re-infection. In another trial, four of the ten dogs who received the vaccination survived, and all four of the dogs produced antibodies against the virus. Rabies with symptoms is almost often lethal. There have been a very small number of reports of animals recovering from rabies brought on by the street virus or the vaccination virus.^[25-26]

VI. PATHOGENESIS

The pathogenesis of rabies must be studied according to the two ways of acquisition of infection, namely "bite" and "non-bite". The majority of human rabies cases follow an animal bite. The introduction of a live virus through the epidermis or onto a mucous membrane is the initial step in the development of rabies. The virus is cell-free soon after implantation because antiserum injection and wound washing both help to prevent infection.^[14-16]

The virus is thought to have been present at or close to the bite site for the majority of the time, although the precise details of the extremely variable incubation period are unknown. The infection of muscle fibers may be a necessary stage in the pathogenetic process. Striated muscle cells appear to be the location of the initial viral replication at the site of inoculation. The nicotinic acetylcholine receptor is one potential binding site for viral glycoproteins. As it spreads centrally into the central nervous system (CNS), retrograde rapid axonal transport moves the virus at a rate of 50–100 mm per day in the motor and sensory axons. The virus can't spread to the spinal ganglia from the peripheral inoculation sites by cutting the nerve tract. The virus can cling to neuronal axons thanks to lipoprotein receptors. Recent preliminary findings indicate that the rabies virus phosphoprotein interacts with dynein LC8, which is necessary for neurons to transport via actin and microtubules. There is a possibility that additional receptors, such as the p75 neurotrophic receptor and the neural cell adhesion molecule (NCAM), are also involved. Quick axonal vehicle along neuroanatomical associations makes the contamination proliferate from spinal rope neurons to neurons inside axons in the focal sensory system (CNS). Although glial infections are uncommon, the central nervous system (CNS) is infected with a variety of neuronal cell types. Vermin have been observed in laboratory settings, but it is thought that they do not contribute to naturally occurring diseases. The virus almost entirely replicates in the grey matter when it enters the CNS. Early restriction of the infection in the limbic framework with saving of the cortex corresponds clinically with social and close to home irregularities saw in a cognizant and intellectually unblemished patient and may work with transmission through gnawing in rabies vectors. The parasympathetic nervous system, which is in charge of infecting the salivary glands, skin, heart, adrenal medulla, kidneys, lungs, liver, and skeletal muscles, is significantly

impacted by the centrifugal spread of the rabies virus from the CNS. Further transmission through contaminated saliva is made possible by viral entry

into the salivary glands and replication in carcinogenic acinar cells.

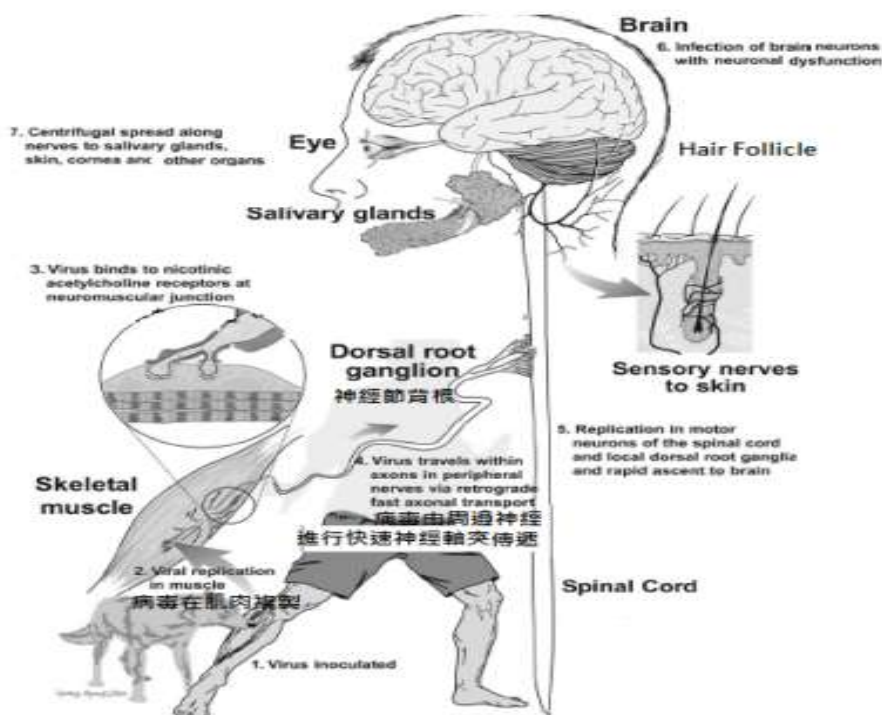


Fig 2: Human rabies pathology as a result of animal bites.

When a rabid animal pounces on the dermis, the virus spreads centrifugally through the sensory nerves to head tissue (salivary glands, cornea, neck hair follicles, and skin) and other organs through the muscles of biting. From there, it replicates in the surrounding nerve axons and travels to the spine and brain. Patients with a suspicion of rabies are examined (biopsied) using hair follicles from their necks, as recently recommended by the WHO.^[8-10]

A number of factors, including the virus strain that is infecting the host, the host's genetic makeup, the concentration of nicotinic acetylcholine receptors in the skeletal muscle, the size of the inoculums, the degree of innervation at the bite site, and the distance between the bite site and the central nervous system, are thought to influence the likelihood that a rabid animal's bite will result in rabies.

An attack that is provoked is more dangerous than one that is unprovoked. When handling or feeding an animal, any bites should be considered provoked. Despite the fact that caregivers of rabies patients who come into contact with infectious materials (saliva, central nervous

system specimens, tears, or possibly respiratory tract secretions) may theoretically be at risk, transmission under such conditions has not been reported. Unintentional transmission has been reported from person to person. Replication of the virus at the injection site is necessary for the rabies virus's pathogenesis, which results in "non-bite" acquisition. The olfactory tracts directly transmit the virus to the brain of those who contract the infection through an aerosol, with replication likely occurring in the olfactory epithelium. The virus is transmitted retrogradely from the eye to the brain in a localized infection.^[10]

IMMUNOLOGY

It is unclear what part cell-mediated immunity plays in the spread of the rabies virus. According to available data, pathogenesis is most likely only slightly influenced by the cell-mediated immune system. Animal studies have shown that antibodies can remove viruses and stop death in cases of rabies and other neurotrophic diseases that have spread to the central nervous system. Mortality is undoubtedly reduced by the delivery of immunoglobulin products, the production of

humeral antibody responses through vaccination, and circulating neutralizing antibodies.

As no antibody reactions are present, it is clear that the rabies virus is isolated from the immune system during the incubation period. A few days after the onset of neurological symptoms, antibodies start to show up in the serum and then the CSF. After vaccination, antibodies that represent both passive transfer and active local production in the Brain are not present in the CSF.

Neutralizing antibodies are a crucial part of the protective response, according to immunopathologic investigations in mice. Despite the existence of antibodies, "knock-out" mice who are unable to establish a T cell-driven immune response perform worse than control mice, demonstrating that cellular immunity plays at least a minimal part in immunity.^[12]

PATHOLOGY

It shares features with other viral diseases of the CNS such as hyperemia, neuronophagia, different degrees of chromatolysis and nuclear pyknosis of nerve cells, infiltration of the Virchow-Robin space by lymphocytes and plasma cells, infiltration of the microglia, and parenchymal areas of nerve cell destruction. The inflammatory alterations that come along with rabies encephalitis are non-specific; mononuclear cells are virtually always present in the perivascular cutting, and microglial nodules (Babe's nodules) are almost always present in the majority of cases. Each area is affected in somewhat more than one-third of instances of encephalitis, with the medulla, pons, and spinal cord being the most frequently afflicted. Pathological changes largely affect the grey material rather than the white, and this has been thought to be the single most crucial feature in separating rabies from an allergic encephalomyelitis secondary to the rabies vaccine.

The development of cytoplasmic inclusions known as Negri bodies within the neurons is the most typical pathologic sign of rabies in the Brain. Negri bodies are eosinophilic cytoplasmic inclusions in neurons that are well-defined, frequently oval, or elongated. There could be more than one of these in a single cell, and they could be found anywhere in the cytoplasm or the dendrite. Negri believed them to represent a step in the virus' life cycle, however, immunofluorescent labeling has found the viral antigen inside the Negri body. During the progression of the illness, there are more Negri bodies. At least 20% of rabies cases lack negri bodies, yet their absence from the

brain tissue does not necessarily rule out the diagnosis. Negri bodies are typical of neocortical neurons, hippocampal pyramidal cells, and cerebellar Purkinje cells. Smaller, less distinct inclusion bodies, once known as "lyssa bodies," are frequently more prevalent than Negri bodies and also signify the virus's buildup. Thus, these results are considered pathogenomics Negri bodies.

Under specific experimental conditions, apoptosis has been linked to rabies virus infection in cell culture and neurons in rodent models. Neuronal dysfunction of unknown cause may play a significant role in the rabies pathogenesis because degenerative changes are uncommon. In some experimental situations, apoptosis of virus-infected neurons may be a good thing and help stop the virus from spreading to the host; however, in other situations, it may be bad for the host and make neuronal damage worse. However, the connection between wild rabies and observations in experimental apoptosis models in which brain apoptosis traits are not prominent is unclear.

The lower brain stem and spinal cord are the main sites of neuronal degeneration in paralytic rabies, which is characterized by perivascular inflammatory infiltrates. There could be leptomenigeal inflammation, lymphocytic inflammation, and neuronal degeneration within the cord. Microglial nodules and neuronophagia may be present in the brain stem and cerebrum. [65] Peripheral nerve histology shows that Wallerian degeneration, segmental demyelination, and remyelination are present. Over Wallerian degeneration, segmental demyelination and remyelination prevail and can occur alone. According to some theories, the paralytic form of peripheral nerve involvement may result from a virus protein component reacting with nerve myelin, demyelinating the nerve.^[14]

CLINICAL FEATURES

INCUBATION PERIOD

The affected person doesn't show any symptoms during this time. Incubation lasts, on average, 20 to 90 days. It typically varies from a few days to several months and is also based on the type of exposure. During this time, the immune system is kept separate from the rabies virus, and no antibody response is shown.^[13]

PRODROMAL PERIOD

CNS is where the virus enters. This time frame lasts for 2 to 10 days. As time goes on, generalized symptoms like fatigue, anorexia,

headaches, fever, pharyngitis, nausea, vomiting, diarrhea, anxiety and depression start to appear. A few pathognomonic rabies symptoms, such as paresthesia, pain, or severe itching at the inoculation site, maybe the only presenting symptom in 50% of cases at this stage.^[24-26]

ACUTE NEUROLOGIC PERIOD

A CNS disease is developing during this period, according to objective indicators. It lasts for 27 days. Muscle fasciculation, priapism, and isolated or generalized convulsions are among the symptoms. Patients may experience immediate death or paralysis, which initially may just affect the limb that was a bit but typically spreads throughout the body.^[24-29]

This time frame may see the emergence of the rabies variant known as angry rabies. Patients may experience hallucinations, agitation, hyperactivity, restlessness, thrashing, biting, or bewilderment. This becomes episodic after several hours to days and is punctuated by peaceful, cooperative, and lucid intervals. Less than five minutes pass between fitful outbursts. Visual, auditory, tactile, or spontaneous stimulation may cause an episode to start. There may be seizures. This stage could lead to cardiorespiratory arrest or paralysis.

Due to the patient's relative quietness in comparison to someone with the furious form of the disease, a different form of rabies known as paralytic rabies is also referred to as dumb rabies or apathetic rabies. 20% of patients do not progress to the enraged form. Fever and headache are significant, and paralysis starts right away.^[20]

COMA

Within ten days of the first beginning, this starts, and the length varies. Without urgent supportive care, respiratory depression, arrest, and death occur quickly after coma.

VII. PHYSICAL EXAMINATION NEUROLOGIC PERIOD

Patients with furious rabies manifest with aphasia, thrashing, restlessness, muscle fasciculation, psychosis, and episodic delirium. Pathognomonic symptoms of rabies include hydrophobia and aerophobia, which affect 50% of patients. A sense of asphyxiation and severe laryngeal or diaphragmatic spasms result from trying to drink or getting air blown in your face. The airway irritant systems may have violently responded, which could explain this. The mere

mention of alcohol can cause hydrophobic spasms. Anisocoria, fixed pupillary dilatation ("blown pupil"), optic neuritis, facial palsy, mydriasis, lacrimation, profuse salivation, perspiration, postural hypotension, and other symptoms of autonomic instability are noted with furious rabies. Frequent symptoms of paralytic rabies include fever and nuchal stiffness. Guillain-Barré syndrome may be misinterpreted for paralysis because it is symmetrical, widespread, or ascending. Usually, the sensory system remains unharmed. Initially, calm lucidity gives way to madness, stupor, and finally coma.^[27]

COMA AND DEATH

Within a week of neurologic symptoms, respiratory failure happens. Metabolic acidosis and hypoventilation are prevalent. It's common to have acute respiratory distress syndrome. Death results from bradycardia and cardiac arrest.

VIII. DIFFERENTIAL DIAGNOSES

Acute hepatic porphyria with neuropsychiatric disturbances and autonomic dysfunctional signs, substance abuse such as alcohol withdrawal or delirium tremens, acute serotonin syndrome caused by taking serotonin uptake inhibitors, and enteroviruses such as the Nephah and Herpes viruses are among the causes of encephalitis.^[24]

LABORATORY DIAGNOSIS

Although there have been a few reports of imaging investigations, in general, it has not been documented that rabies-related abnormalities can be seen in brain CT or MR imaging. Like electroencephalography, which typically just reveals general abnormalities and is not diagnostically useful. After a few days of the neurologic disease, CSF examination may reveal mononuclear pleocytosis. In the first week of the illness, 59% of patients had a CSF pleocytosis, and 87% did so after that. Rarely has the infectious rabies virus been grown in CSF. Because not every patient, particularly those with early disease, has a skin biopsy specimen, saliva, cerebrospinal fluid, corneal impression, or other sample that is positive for the virus, all of these should be tested for its presence. The isolation of the virus from tissue or secretions, the identification of viral antigen in tissue samples (corneal smears, brain, and occasionally CSF), serologic evidence of acute infection, or molecular techniques like PCR or genetic probes are all used to make the diagnosis of

rabies. A 5 mm punch biopsy taken above the hairline at the time-densely innervated nape of the neck, the best location for skin biopsies, provides an adequate supply of cutaneous nerves surrounding hair follicles. By firmly pressing a minuscule slide against the eyeball, a corneal impression is created. Skin biopsies for the diagnosis of rabies have a sensitivity above 50% and may even reach 90%. Specificity is very close to 100%. As neck biopsy yields more accurate results than corneal smears do, fluorescence labeling of conical cells has taken the role of corneal smears as the preferred diagnostic technique.^[9-11]

Patients who were not previously protected can be diagnosed with rabies virus infection by the presence of serum-neutralizing antibodies; However, these antibodies typically are not detectable until the second week of illness, and it is possible that the patient did not even have these antibodies when they died. A fourfold increase in the titer of the neutralizing antibody to the rabies virus in serial serum samples is diagnostic if the patient has not received the rabies vaccine. The absolute titers of the patient's serum-neutralizing antibodies and the presence of neutralizing antibodies in the CSF can assist in establishing the diagnosis in the event that the patient has been vaccinated. Antibodies that neutralize the rabies virus in the CSF are rarely produced by post-exposure rabies treatment. In contrast to human rabies CSF titers, which can range from 1:200 to 1:1,60,000, it is frequently identified at a low titer (1:64) if it is present following prophylaxis. To differentiate acute rabies from post-vaccination encephalomyelitis linked to vaccines made from animal neural tissue, high titers (>1:5000) of the active disease are useful. The best method for diagnosing rabies in the lab is the reverse transcription polymerase chain reaction (RT-PCR), which has high specificity and sensitivity. RT-PCR amplification is a relatively recent innovation in rabies antemortem diagnosis. RNA from the rabies virus can be detected in brain tissue, CSF, saliva, skin biopsies, and saliva. In the

United States, rabies virus RNA was found in the saliva of ten out of ten people evaluated this way. The nucleic acid sequence-based amplification (NASBA) technology's extraction, amplification, and detection steps take about four hours to complete. Sadly, not every sample of saliva or CSF came back positive; Consequently, every animal must have its CSF and saliva tested, ideally multiple times.^[37]

The following procedures should be performed on brain tissue samples following a postmortem examination or brain biopsy: 1) mouse vaccination reads up for infection separation; (2) Viral antigen detection with fluorescent antibody (FA); and (3) RTPCR to detect rabies virus RNA or histologic and/or electron microscopic examination for Negri bodies. "Autosterilization" may occur, and these tests may be negative, despite the fact that direct FA staining and mouse inoculation studies for virus isolation are extremely reliable and sensitive to viral antigens. if the patient has lived for a longer time and the serum and CSF both have a lot of neutralizing antibodies in them. It is essential to remember that the absence of Negri bodies does not exclude rabies. The rabies virus's antigen can be seen through fluorescent histochemistry. Keep an elevated degree of question in such circumstances.

TREATMENT

With rabies, there is no particular treatment. All attempts at rabies treatment have failed. In four cases that have been documented, rabies immunization was finished before the illness started. In every other case that has been described, both cytosine arabinoside or ribavirin-based antiviral medication and interferon-alpha- or anti-rabies virus high immune serum-based immunotherapy have failed. In addition to effective sedation and analgesia, therapy is crucial for palliation. Although intensive supportive medical treatment might extend the lives of rabies patients, doctors are reluctant to use it due to the expense and unavoidable fatal consequences as shown in Table 2 below.

Treatment	Agents	Rationale
Supportive care	Nutrition (preferably enteral), fluids (usually crystalloid) Vitamin, mineral, and cofactor supplements (tetrahydrobiopterin, [BH ₄], coenzyme Q ₁₀ , vitamin C highly recommended)	Provides the patient with support necessary to allow the immune system to mount a response to the virus Corrects deficiencies associated with the virus
	Antipyretics (if body temperature > 38.9°C); anticoagulants (s.c. heparin for prophylaxis or i.v. heparin infusion if thromboembolic treatment is warranted) ^a	Provides prophylaxis for complications that commonly occur in critical illness
Therapeutic coma	Benzodiazepines Ketamine	Decreases metabolic demands of cerebral tissue Decreases autonomic hyperactivity
	Adjunct agents if needed to maintain partial burst suppression (barbiturates, propofol)	Reduces seizure activity; possibly decreases excitotoxicity associated with rabies virus
Antivirals	Amantadine, ketamine ^b	Decreases viral load while immune system response develops
Agents to avoid if possible	Barbiturates	Inhibits T-cell activation necessary for immune response against the virus
	Propofol	Associated with flat electroencephalogram in two cases
	Rabies vaccine	No apparent benefit; may slow natural immune response to virus
	Human rabies immune globulin Ribavirin	No apparent benefit; may not penetrate blood-brain barrier No in vivo evidence to support its use; may cause pancreatitis, mitochondrial toxicity, and hemolysis; suppresses humoral immune response; depletes BH ₄ ; does not penetrate blood-brain barrier well

^aHeparin is easily reversible in the event complications arise or if surgical procedures are warranted.
^bOnly in vitro data exist to support the antiviral activity of ketamine.

Table 2: An Overview of the Milwaukee Protocol for the Treatment of Clinical Rabies Patients.^[13]

PREVENTION

Only with rabies may we begin prophylaxis after the patient has been exposed. Because it has a lengthy incubation period, we have ample opportunity to take preventative precautions, opportunities for eliminating the available infection. Substantial experience across the globe demonstrates that the combination of local wound care, passive immunization, and the vaccine is consistently successful when properly provided. Although rabies happened when one of the components was missing, all three are necessary.^[14]

LOCAL WOUND THERAPY

After using soap to clean the wound, flush it with water. Cleaning should use both mechanical and chemical methods. Since they inactivate the rabies virus, quaternary ammonium drugs like 1 to

4% benzalkonium chloride or 1% cetrimonium bromide are helpful. Nevertheless, 20% soap solutions are more efficient than 0.1% benzalkonium solutions. The amount of fluid provided is more crucial than the cleaning solution you use.^[12]

PRE-EXPOSURE PROPHYLAXIS

Pre-exposure prophylaxis is necessary for the high-risk category of people. Veterinarians, animal handlers, and laboratory workers are among these groups, as are b those whose jobs put them in contact with rabid animals or the rabies virus, and c those who travel internationally and are likely to encounter animals in rabies-threatened areas. To reduce the risk of an unexpected illness, rabies vaccines should be administered to all of these populations.

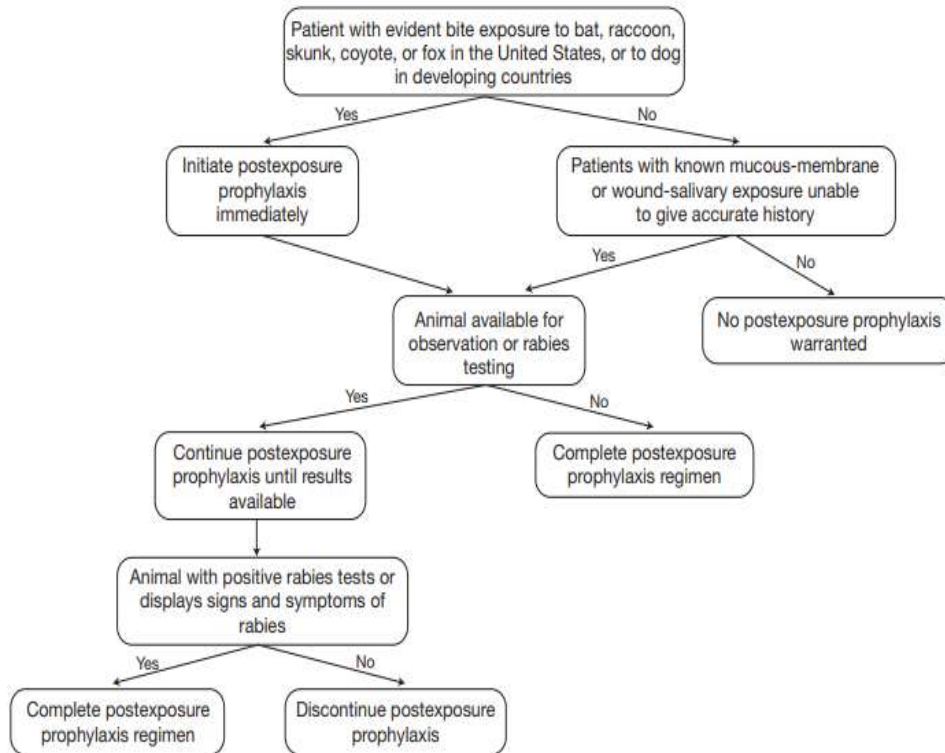


Fig 3: Rabies postexposure prophylaxis starting and continuing decision tree.

POST-EXPOSURE PROPHYLAXIS

To lessen the likelihood of infection following an animal bite, the wound and any scrapes should be meticulously cleaned with soap and water. One dose of rabies immune globulin and five doses of rabies vaccination were administered for 28 days as part of the post-exposure

prophylaxis. The antibodies in rabies immune globulin come from blood donors who have received the vaccine. By encouraging the immune system to produce antibodies that kill the virus, the rabies vaccine protects against rabies as clearly indicated by Fig 3&4.^[12]

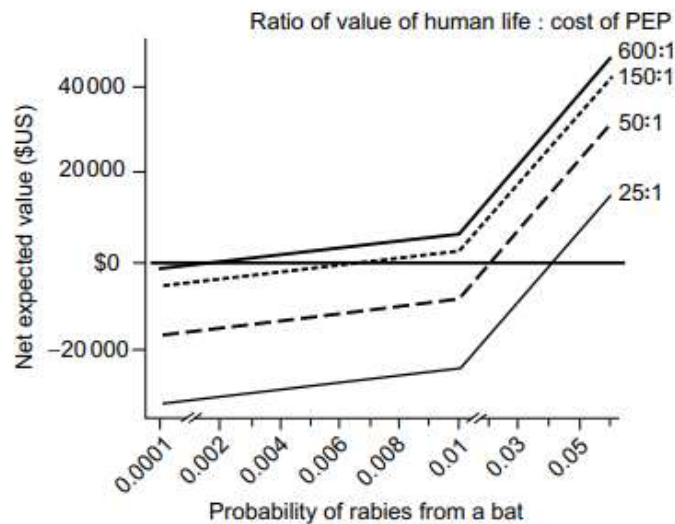


Fig 4: The net expected value of postexposure prophylaxis (PEP) for varying probabilities of actually contracting rabies after possible contact with a bat. The following is the value for the 600: 1, using the human-capital approach and the nominal value of human life, the cost of PEP was \$US1315 (1996 values). By increasing the price of PEP and maintaining the nominal value of human life, other ratios were determined. The human population that may have come into contact with a bat serves as the x-axis' denominator. There are two scale changes on the x-axis.^[11]

PASSIVE IMMUNIZATION

Equine antirabies serum (ARS) has the potential to cause serum illness, hence human rabies immune globulin (HRIG) is chosen. The dose for HRIG is 20 IU/kg, whereas the dose for ARS is 40 IU/kg. The area around the wound should receive 50% of the whole dose through local infiltration, and the remaining 50% should be injected intramuscularly in the gluteal region. More than advised doses shouldn't be administered because serum may help to decrease the active generation of the antibody. The WHO is now debating a change that advises injecting as much of the HRIG dose into the area around the wounds as feasible, diluting the HRIG if there is not enough to cover all of the bite sites, and injecting the remaining amount into the upper thigh muscle rather than the gluteal muscle as shown in Fig5.

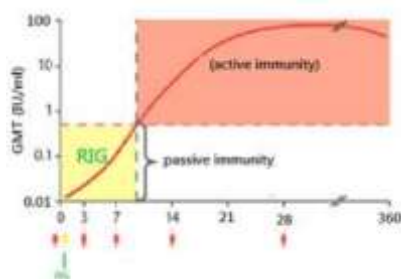


Fig 5: Rabies immunoglobulin (Apparatus) gives inactive invulnerability from 0 days to 7-10 days, a window period before the assurance of dynamic inoculation; then subsided over time; Rabies killing antibodies (dynamic resistance) is delivered at 10 days after vaccination. In post-exposure prophylaxis (PEP), each dose of 1 milliliter of Essen vaccine is administered intramuscularly on days 0, 3, 7, 14, and 28.^[13]

ACTIVE IMMUNIZATION

Active rabies vaccination and antiserum administration ought to begin simultaneously. For active vaccination, there are two types of vaccines available: the vaccine for nerve tissue and the vaccine for tissue culture. There are various vaccines available:

- > phenolized 10% brain suspension or beta-propiolactone inactivated 5% brain suspension for the suckling mouse brain vaccine (SMBV)
 - > Purified duck embryo vaccine (PDEV)
 - > Purified Vero cell vaccine (PVCV)
 - > Purified Vero cell vaccine for human diploid cells (HDCV)
- The best option is without a doubt a vaccine made in a cell culture. They work actually and are well gotten. The World Health Organization (WHO) recommends that cell-culture vaccines replace those derived from brain tissue as soon as possible.

The rabies vaccine is given to about one million people every year in India; About one third of these receive cell culture vaccines and the Sample vaccine. Under a German license, the PCECV Rabipur is manufactured in India. Approximately 11/2 million doses of this vaccine and approximately 1/2 million doses of PVCV were utilized. The choice between these vaccines presents an ethical conundrum. The first vaccine is inexpensive but dangerous; the other three vaccines are extremely safe but expensive; HDCV post-exposure prophylaxis is only available to the wealthy; For the typical Indian citizen, the cost of a PCLCV or PVCV course is approximately one ninth of their annual income.^[13]

IX. COMPLICATIONS OF VACCINATION

Between 1 in 600 and 1 in 2500 people who receive nerve tissue vaccinations experience neuroparalytic effects. Encephalitis, myelitis, polyradiculitis, and meningitis are examples of significant consequences (fever, myalgia, and skin reactions). The majority of patients experience difficulties during or shortly after the course of vaccination; postvaccinal encephalomyelitis often manifests between 8 and 15 days after the host is inoculated. The number of injections received does not correlate with the severity of the condition. Compared to the suckling mouse brain rabies vaccination, the Semple vaccine (plimsoll-inactivated rabies virus produced in sheep brain) had a higher rate of neuroparalytic accidents (1:400) than the suckling mouse brain rabies vaccine (1:8000). This is because there is less animal in the latter, which lowers the possibility of

allergic encephalomyelitis. In a small percentage of those who are affected, this severe reaction may result in death.

Although the HDCV is still the gold standard for evaluating the efficacy of cell culture vaccines, the IIDCV, which is approved in the USA, seldom causes hypersensitive reactions. After receiving a booster dose of HDCV after receiving the I 10CM as their first vaccine, about 6 of the patients had a systemic allergic reaction. The majority of the reactions are probably caused by the -propiolactone, which was utilized to render the virus inactive because it might be bovine albumin antigenic. With the PCECM, serum responses are not observed. Since the purification procedure removes the majority of human serum albumin from the cell culture media before the virus is inactivated by -propiolactone, rabies as shown in Fig 6.^[14]



Fig 6: Inoculation via intradermal route: focus on hold the needle or needle lined up with the skin , 0.1ml per portion^[13]

VACCINATION SCHEDULES

Studies and clinical reports imply that all recommended doses are efficacious if given promptly and correctly following rabies virus exposure. Several doses have been proven to work.

The most popular WHO Eastern protocol specifies a single 1.0 ml dose. given in an ideal additional dose on day 90 and given in the upper deltoid on days 0, 3, 7, and 30. Doses shouldn't be administered intravenously in the gluteal region, where smaller antibody responses have been observed, but rather in the deltoid or, in youngsters, the anterolateral thigh region. Post-vaccination serologic testing may be utilized in exceptional cases, such as immunosuppressed patients, and the

vaccine should be administered at the same location as the antiserum. Antibodies are invariably present after the fifth treatment, typically at a titer of >10 IU.

The 2-1-1 routine (Zagreb conspire) is a consolidated multi-site plan that includes giving two 1.0 ml dosages i.m. on day 0 in the upper deltoid, one in each arm; on days 7 and 21, one dose; and on day 21, no dosage. Because it encourages an early antibody response, this regimen may be especially useful in situations where RIG cannot be administered. It is utilized frequently in some nations.

Most commonly used in Thailand is the two-site intradermal regimen, which entails administering two intradermal doses of the vaccine at two locations on days 0 through 3 and 7, in addition to one dose on days 30 and 90. Despite the fact that this regimen is effective when administered correctly, the WHO advises that only personnel who have been trained in this method should administer intradermal injections. Additionally, because the lyophilized vaccine, once reconstituted, must be stored at 4–8 0C and utilized within a few hours, this plan does not provide any cost savings until more than one patient requires an immunization. The vaccination is administered intramuscularly (i.m.) in a single dose of 1.0 milliliters. on days 0 and 3, however, this practice is currently being reviewed. RIG is not required to be manned.^[16]

VACCINATION FAILURES

Ineffective vaccine, improper handling during transportation and storage, incomplete vaccine dissolution during dilution, inadequate dosage, delayed treatment, incorrect classification, improper local wound management, underlying conditions like cirrhosis or alcoholism, concurrent immunosuppressive drug administration, and intra gluteal administration are all potential causes of post-exposure rabies prophylaxis failure.^[17]

X. RAISING RABIES AWARENESS

World Rabies Day, which takes place on September 28 each year, aims to promote rabies control and prevention as well as raise awareness of the disease. Since 2007, World Rabies Day has been sponsored jointly by the Centers for Disease Control and Prevention (CDC) and the Alliance for Rabies Control (ARC). A great way to prevent and treat rabies is to vaccinate pets like dogs and cats and teach people how to avoid the animals that typically spread the disease like raccoons, bats,

skunks, and foxes. World Rabies Day is a fantastic occasion to carry out both of these actions.^[38]

XI. FUTURE DIRECTIONS OF RABIES RESEARCH

More than a century after the creation of the first rabies vaccine, in the 21st century, our challenges still lie in the creation of affordable and secure human vaccinations as well as the implementation of vaccination campaigns for both domestic and wild animals. In Europe, fox rabies has been successfully decreased or eradicated through the oral immunization of wild animals with attenuated and recombinant vaccines. Mass immunisation against rabies in both humans and animals may be made inexpensively by using edible plants that express rabies virus antigens. The creation of antisense oligodeoxynucleotides (ODNs) may prevent the reproduction of the rabies virus. Although it is currently too soon to determine if this may eventually translate into therapy, ODNs complementary to rabies virus genomic RNA exhibit a potent ability to prevent rabies virus infection in cell culture.

XII. DEATH FROM RABIES IN INDIA

This is the first study to estimate the number of deaths from symptomatically identifiable furious rabies and to provide regional, age, and gender distributions of Indian deaths based on a representative sample. Although the MDS was not designed specifically to find rabies-related deaths, its size and representative sampling make it a useful tool for finding deaths from illnesses that are relatively uncommon and for accurately estimating population-based rates. Before the expansion of 20% to represent disabled/abnormal types of the illness, a new backhanded gauge of 17,137 (95% CI 14,109-20,165) human passings from rabies in 2005 falls inside the vulnerability scopes of 12,700 (close to 100% CI 10,000 to 15,500). Although the study also employed verbal autopsies, it was not genuinely typical of the country because it depended on case detection in areas close to major medical centers and then interviewed residents of the areas where the cases originated.^[9]

XIII. WHO RESPONSE

- The new WHO road map, 2021-2030, includes rabies. It needs extensive cross-sectoral collaboration at the national, regional, and international levels because it is a zoonotic disease.

- "United Against Rabies" (UAR), a multi-stakeholder platform that advocates for and prioritizes investments in rabies control and coordinates global rabies-elimination efforts to eliminate human deaths from dog-mediated rabies by 2030, is led by the World Health Organization (WHO). Additionally, the WHO collaborates with partners to assist and direct developing nations..
- Information on epidemiology, surveillance, diagnostics, vaccines, safe and affordable immunization, control and prevention strategies for human and animal rabies, operational program implementation, and palliative care for rabies patients is regularly updated and distributed by the World Health Organization (WHO)^[4].
- On the road to rabies eradication, nations can ask the WHO to certify that there have been no human deaths caused by dog-mediated rabies^[4], ask the OIE to approve their dog rabies control initiatives, and self-certify that they are free of dog rabies^[7].
- 2019 saw Mexico become the first nation to receive WHO approval for completely eradicating human rabies deaths caused by dogs.
- A goal for the WHO is ensuring that rabies biologics are included in nations' lists of essential medications and that poor and rural populations have greater access to PEP, which supports the global effort to achieve Universal Health Coverage.
- To promote scaling up rabies PEP in Gavi-eligible countries, Gavi included human rabies vaccinations in its vaccine investment strategy for 2021–2025 in 2019. WHO will continue to guide the best techniques and practices for the rollout to countries requesting rabies vaccine.
- Rabies program monitoring and disease tracking are required to assess effectiveness, raise public awareness, and support advocacy.

A crucial piece of guidance for the global fight against NTDs over the following ten years is the 2030 NTD Roadmap, which contains regionally progressive targets for eradicating rabies^[9]. It has been crucial to maintain and expand rabies programs to adjacent areas by starting small, launching local rabies programs through stimulus packages, demonstrating success and cost-effectiveness, and securing the support of governments and affected populations.

To eradicate rabies, adequate and ongoing investments are required. It has been demonstrated

that fostering pride in one's community and educating the public about rabies are excellent strategies for generating and maintaining political will.

XIV. CONCLUSION AND FUTURE PERSPECTIVES

In a large portion of the developing globe, rabies is still an issue today. The rabies virus is now better understood, but there is still no cure, therefore prevention is still the key. Human rabies has almost completely disappeared in developed nations as a result of vaccination campaigns and measures to prevent the disease in domestic animals. Although it may be possible to prevent certain cases acquired overseas with proper information and traveler immunization, further reduction in human death due to rabies appears improbable in affluent countries.

In tropical nations, extensive health education is required for the general public, paramedical staff, and medical personnel in the event of an accident involving this issue. Keeping stray dogs under control would be an excellent deterrent. However, such a move is extremely unlikely, though not impossible, given the rapid growth of the dog population. Due to the regrettable absence of a comprehensive national canine rabies control program in the majority of tropical developing nations, particularly India, vaccination of those who have been exposed is the only other option. It could be fatal to ignore this practice, which may occur as a result of social-cultural beliefs. Even minor deviations from the recommended regimens have resulted in a few cases of rabies despite being immunized in nations with a high risk of the disease. Even though it is easy to avoid, rabies is still a disease that causes a lot of anxiety. As per our estimations, there were 12,700 fatalities in India from apparently unmistakable angry rabies in 2005. Because a verbal autopsy would not have identified paralytic or unusual cases, this statistic significantly understates the total number of rabies-related deaths. Instead of modeling or extrapolating from a selected focus monitoring area, the rabies fatality rate was first estimated in this study using a nationally representative sample of fatalities. As a result, we provide previously unobtainable geographical and demographic information regarding human rabies deaths in order to assist in targeting the nation's canine and human rabies control programs and serve as a foundation for future estimates of rabies mortality. The canine

rabies reservoir is unlikely to be eradicated in India anytime soon. In any case, the concentrated geographic circulation of rabies in India recommends that an impressive lessening in the quantity of human passings or conceivably even the destruction of rabies passings is reachable, and this study fills in as a benchmark against which future progressions might be judged.

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