

Formulation and Evaluation of herbal antibacterial face pack

Hariom Maurya¹, Shashikant Maury^{2*}, Prof.(Dr) Mohd Wasiullah³, Piyush Yadav⁴

1. Dept. of Pharmacy, Prasad Institute of Technology, Jaunpur (222001) U.P, India.

2. Assistant Professor, Dept. of Pharmacy, Prasad Institute of Technology, Jaunpur (222001) U.P, India.

3. Principal, Dept. of Pharmacy, Prasad Institute of Technology, Jaunpur (222001) U.P, India

4. .Principal, Dept. of Pharmacy, Prasad Polytechnic , Jaunpur(222001) U.P, India

*Author to whom correspondence should be addressed

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ABSTRACT-: Natural remedies are more acceptable in the belief that they are safer with fewer side effects than the synthetic ones. Herbal formulations have growing demand in the world market. The objective of this work is to formulate and evaluate a cosmetic preparation polyherbal face pack made from herbal ingredients. Kaoline, tragacanth, orange peel powder, neem powder, chandan powder, aloe juice powder, turmeric powder, Fullers earth and Cicer arietinum Powder were procured from the local market in dried, powdered and then passed through sieve no 80, mixed thoroughly prepared and evaluated for its organoleptic, physico-chemical and microscopical characters. The dried powder of combined form had passable flow property which is suitable for a face pack.

KEYWORDS: Herbal Face pack, Skin, Natural Formulation, Herbal Remedies.Gram flour, Masoor Dal, Papaya,

I. INTRODUCTION

The face packs which are mentioned in ayurveda help women to get rid of wrinkles, dark circles, pimples and acne. Herbal face packs increase the fairness and smoothness of skin. We can derive the maximum benefits of herbal face packs by using them according to our skin type. These face packs increase skin glow and are best ayurveda treatment to increase fairness. Face packs are one of the oldest and beautiful methods of cleansing skin. There are various kinds of face packs described in Ayurveda which have nourishing, healing, cleaning, astringent and antiseptic properties. From the ancient era people are using herbs for cleaning, beautifying and to manage them. Cosmetics are defined as the products used for the purposes of cleansing, beautifying, promoting attractiveness or alternating one's appearance. Homemade natural face packs and masks make way for smooth, radiant and silky

skin. Face packs used in ayurveda helps to reduce wrinkles, pimples, acne and dark circles. They also increase the fairness and smoothness of the skin. The Natural face packs do contain some vital vitamins that are required for the health and glow of our skin[2]. Cosmetics are over-the-counter items that are aimed to enhance the look of the skin by washing, beautifying, and enhancing attractiveness. Herbs have been utilized for cleansing, rejuvenating, and managing them since ancient times. The skin of the face is the largest portion of the body and reflects an individual's health. It is made up of components such as amino acids, lipids, and carbs, thus it requires a well-balanced diet to maintain it clean, shiny, and healthy.[3] The herbal paste is known as "mukhalepa" in Ayurveda which is used as a face therapeutic. This herbal paste is used to treat acne, pimples, scars, markings, and pigmentation on the face[1]. These face packs increase skin glow and are best ayurveda treatment to increase fairness. Face packs are one of the oldest and beautiful methods of cleansing skin. There are various kinds of face packs described in Ayurveda which have nourishing, healing, cleaning, astringent and antiseptic properties. Herbal face packs are cheaper and have no side effects for getting fair skin naturally. Present research article deals with the formulation and evaluation of herbal face pack for glowing skin at home by using natural materials i.e., multani mitti, turmeric [8]. When herbal face pack used according to us skin type, then we get maximum benefits of herbal face pack like by increasing glow and fairness. These are various kinds of face packs described in Ayurveda which have nourishing, healing, astringent, cleansing and antiseptic properties. Cosmetics are defined as products used for the purpose of cleansing, beautifying, promoting attractiveness or altering one's appearance. The natural

facepack contain some vitamins which are essential for health and glow of skin. The herbal face pack act by improving blood circulation in the veins of skin but the effect of facial face packs generally temporary, so for regular glow it should be used 2-3 times a week[9].

Advantages of herbal face Pack[2,5]

1. They help to restore the lost shine and glow of skin in short span of time.
2. Regular use of natural face packs brings a glow to the skin, improve skin texture and complexities.
3. The harmful effects of pollution and harsh elements can be effectively combated with judicious use of face pack.
4. They help to prevent premature aging of the skin.
5. Formulation of wrinkles, fine lines and sagging of skin can be effectively controlled by using natural face packs.
6. Natural face packs make the skin look young and healthy
7. Herbal facials are both good for skin and give you a healthy-looking, young, energetic skin.
8. An herbal face pack is used to rejuvenate the muscles, maintain the elasticity of the skin, remove adhered dirt particles and improve the blood circulation.
9. The benefits of herbal based cosmetics are their nontoxic nature. It nourishes the facial skin. This face pack supplies vital nourishment to the skin.
10. Nourishes the skin. Fruit face packs supply essential nutrients to skin.
11. Helps to reduce, acne, pimple, scars and marks depending on its herbal ingredients.

Face packs which are recommended for acne, pimple, black heads usually control the over discharge of sebum from sebaceous glands and remove the harmful bacteria inside acne lesion.

II. MATERIAL AND METHODS

The Face pack prepared accordingly the particle size and their binding property mixed thoroughly in plastic bag which shown in figure no 01

Table 1: Composition of Herbal antibacterial Face Pack

Sr. No. Name of Ingredients. Scientific Name Quantity of sample for 100g

1.	Multani mitti	Calcium bentonite	15
2.	Turmeric powder	Curcuma longa	15
3.	Chandan powder	S. Album	15
4.	Aloe Vera	Aloe barbadensis	10
5.	Lemon peel	Citrus limon	10
6.	Rose petals powder	Rosa canina.	05
7.	Kaolin china clay		10
8.	Neem powder	Azadirachta indica	10
9.	Gram flour	Cicer arietinum	10

The materials used in the present purchased from local market, powdered for further use. The below are the details of the plant materials study. The details of the plant material used for the formulation of face pack are mentioned below [8].

2.1 Lemon peel (Citrus Limon): The high content of Vitamin C in lemon will help to lighten the skin tone and remove dark spots caused by skin tan. It prevents the skin from free radical damage, skin hydration and oxidative stress [8].

2.2 Neem powder (Azadirachta indica)

Neem is anti-inflammatory, antiseptic and highly beneficial for oily and acne prone skin[8].An anti-

acne effect is due to anti-microbial, anti-inflammatory and anti-oxidant activities of different chemical constituents[9].

2.3 Sandalwood powder (Santalum alba)

Sandalwood has an anti-tanning and anti-aging property. It also helps skin in many ways like toning effect, emollient, antibacterial properties, cooling astringent property, soothing and healing property.

2.4 Aloe (Aloe barbadensis)

Aloe Vera is a great moisturizer intended for a skin. Aloe vera rejuvenates skin, hydrates this

and keeps skin layer looking fresh all the time. Aloe vera has anti-microbial property rendering it ideal to deal with acne and pimples. Aloe vera powder contains several nutrients like glycerin, sodium palmate, sodium carbonate, sodium palm kemelate, sorbitol, etc.[12].

2.5 Turmeric powder (Curcuma longa)

Turmeric is mainly used to rejuvenate the skin. It delays the signs of aging like wrinkles and also possesses other properties like antibacterial, antiseptic and anti-inflammatory. It is best source of blood purifier. It is effective in treatment of acne due to its antiseptic and antibacterial properties that fight pimples and breakouts to provide a youthful glow to your skin. It also reduces the oil secretion by the sebaceous glands [13,14].

2.6 Fullers earth (Calcium bentonite)

Multani mitti helps skin by different ways like diminishing pore sizes, removing blackheads and whiteheads fading freckles, soothing sunburns, cleansing skin, improving blood circulation, complexion, reducing acne and blemishes and gives a glowing effect to a skin as they contain healthy nutrients. Multani mitti is rich magnesium chloride.[15]

2.7 Rose Petals powder

Rose petal powder is high in antibacterial characteristics, as well as Vitamin K, C, and B,

which have beneficial benefits. It also has a significant level of antioxidants[1].

2.8 Kaolin

China clay reduces oily skin purifies pores and cleanse skin. And treat acne and make a skin in toning and softening[16].

2.9 Gram flour. The high content of zinc in gram flour will help to fight infections that cause acne. It removes dead skin, astringent and protective[8].

Face pack application procedure

Prepared face pack powder was placed into a Petridis and rose water was added for blend preparation. That after prepared face pack was applied onto the face. Acne and blemishes should also be covered. Allow for thorough drying for 20–25 min before washing with cold water[1].

III. EVALUATION OF FORMULATION

3.1 Organoleptic evaluation

Physical parameters such as colour, appearance and texture were carried out. Colour and texture was evaluated by vision and touch sensation respectively. For odour evaluation a team of five odour sensitive persons were selected[3].

Table 2 Organoleptic Properties

S.r No	Parameters	Observation
1.	Appearance.	Powder (Free Flowing)
2.	Colour	Slight Yellow
3.	Odour	Slight
4.	Texture	Fine

3.2 Physical Evaluation & Physicochemical Evaluation

The particle size of formulations was in the range of 22.3±2.25µm. The pH of formulation

lied near to neutral. The ash content and moisture content was within limit[8].

Table 3 Physical Evaluation & Physicochemical Evaluation [8].

S.r no.	Parameters.	Observation
1.	Particle size (µm)	22.3±2.25
2.	Ash content	94 ± 0.412
3.	pH	6.86 ± 0.11
4.	Loss on Drying	3.10

Stability Test

The pH of the composition was stored at 40°C changed somewhat, while no variations were seen at ambient temperature or at 35°C, according to the stability experiments. After 1 month of stability testing at 40°C, the formulation's scent altered somewhat, but there was no change in color or odour under the other parameters of stability

shown in the Table 6[1] . Stability testing of prepared formulation was conducted for formulations by storing at different temperature conditions for the period of one month. The packed glass vials of formulation stored at different temperature as room temperature, 35°C and 40°C were evaluated for Physical parameters like color, odour, pH, Texture and Smoothness[5]

Table 6 Stability test

Parameters	Observation (Formulation)	
Room temp.	35±0.5°C	40±0.5°C
Color	Nochange	No change
Odour	Nochange	No change
pH	6.80±0.13	6.79±0.14
Texture	Fine	Fine
Smoothness	Smooth	Smooth

V. CONCLUSION

Natural remedies are more acceptable in the belief that they are safer with fewer side effects than the synthetic ones. Herbal formulations have growing demand in the world market. Herbal face packs are used to stimulate blood circulation, rejuvenate the muscles and help to maintain the elasticity of the skin and remove dirt from skin pores. It is a our good attempt to formulate the herbal face pack containing natural herbal ingredients such as multani mitti, turmeric, sandal wood, saffron, milk powder, rice flour, orange peel and banana peel. After evaluation, we found good properties for the face packs, free from skin irritation and maintained its consistency even after stability storage conditions. It has been revealed that herbal face pack having enough potential to give efficient glowing effect on skin. The overall study is useful to substantiate product claims due its useful benefits on the human beings.

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