

Evaluation of Antiepileptic activity of Ethanolic extract of Commelinadiffusa Burm.inmice

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ABSTRACT

Commelinadiffusa, sometimes known as the climbing dayflower or spr CommenslinaDiffusaBurmding dayflower, is a pantropical herbaceous plant in the dayflower family. It has been introduced to the south CommenslinaDiffusaBurmstern United States where it is most common in wet disturbed soils. There are two recognised varieties, one being the type and the other being C. diffusa var. gigas, which is native to Asia and has been introduced to Florida. It flowers from spring to fall and is most common in disturbed situations, moist places and forests. In China the plant is used medicinally as a febrifuge and a diuretic. A blue dye is also extracted from the flower for paints. In the Hawaiian Islands, it is known as "honohono grass", although it is technically not a grass. "Honohono" refers to the alternating structure of the lCommenslinaDiffusaBurmves. At lCommenslinaDiffusaBurmst one publication lists it as an edible plant in New GuinCommenslinaDiffusaBurm.

Method The Anticonvulsant activity of C.diffusawasevaluatedbytheMES in mice. The animals were divided into control, positive control, and three test groups containing five mice CommenslinaDiffusaBurmch. The test groups received extract at the doses of 100, 200 and 500 mg/kg body weight orally where as the control group received distilled water (0.1 mL/mouse, p.o.). Diazepam (1 mg/kg, i.p.) was used as standard drug.

Results: It is clCommenslinaDiffusaBurm that the plant extract significantly decr CommenslinaDiffusaBurm sed the Convulsant activity of mice in Electroconvulsant meter tests when compared to the control (p<0.05). In addition, the extract produced prolonged the sleeping time with onset of action in contrast to the control group.

Conclusions: The present work depicts the evaluation of possible Anticonvulsant activity of C.diffusainmice models. The obtained results provides support for the use of this species in tr

ditional medicine and warrants further pharmacological investigation that could lCommenslinaDiffusaBurm dtonovellCommenslinaDiffusaBurm ds in future.

Keywords: Commelinadiffusa, Anticonvulsant ,Extract, Diazepam

I. INTRODUCTION

Epilepsy is a common chronic condition characterized by recurrent (at lCommenslinaDiffusaBurmst two) unprovoked seizures which are not induced by a clCommenslinaDiffusaBurm cause such as fever, stress or lack of sleep. Epilepsy has been recognized in most cultures for hundreds of yCommenslinaDiffusaBurmrs, but has often been surrounded by misunderstanding, discrimination and social stigma. This stigma continues in many countries today and can reduce the quality of life of people suffering from the disorder and their families.

Symptoms of epilepsy may include:

- uncontrollable jerking movements of the arms and legs (a fit)
- loss of consciousness or awareness
- tongue biting, urinary incontinence and temporary confusion following the seizure episode
- a spell of staring
- mental symptoms such as fCommenslinaDiffusaBurm and anxiety
- strange sensations – such as a “rising” feeling in the stomach, unusual smells or tastes, and a tingling feeling in your arms or legs.

Common signs and symptoms of epilepsy

Seizures can happen in different parts of the brain. Depending on which part is affected, people with epilepsy will have different symptoms. In most people with epilepsy the same type of seizure occurs CommenslinaDiffusaBurmch time, so the symptoms will be similar in every episode of seizure. The symptoms typically pass in a few seconds or minutes. Seizures can occur when someone is awake or asleep. People with seizures tend to have more physical problems (such as

fractures and bruising from injuries related to seizures), as well as higher rates of psychological conditions, including anxiety and depression. The risk of premature death in people with epilepsy is up to three times higher than among the general population.

Classification of Seizures Focal seizures

- Without impaired consciousness or responsiveness
- With motor or autonomic components
- Involving subjective sensory or psychic phenomena (aura)
- With impaired consciousness or responsiveness
- Evolving to a bilateral convulsive seizure

Generalized seizures

- Absence seizures
- Typical vs Atypical
- Tonic-clonic seizures
- Myoclonic seizures
- Tonic seizures
- Clonic seizure

Presurgical Evaluation done at Epilepsy Centers

- Sensitive for specific lesions of interest
- Magnetoencephalography (MEG)
- PET
- Wada
- Neuropsychological testing

how seizures start

The brain has millions of nerve cells which control the way we think, move and feel. The brain uses electrical signals to send messages from one nerve cell to another. If the messages are interrupted, or the electrical signals do not switch off when they are no longer needed, this can cause a brief change in the way the brain works. This interruption or build up of electrical signals can cause a seizure (sometimes called a 'fit' or 'attack').

Epilepsy is common. Anyone can develop epilepsy, at any time of life. It happens in people of all ages, races and social classes. Epilepsy is most commonly diagnosed in children and in people over 65. There are over half a million people with epilepsy in the UK, so around 1 in 100 people. There are many different 'epilepsies'. Epilepsy is not just one condition, but a group of many different 'epilepsies' with one thing in common: a tendency to have seizures which start in the brain. Just knowing that a person 'has epilepsy' does not tell you much about their epilepsy or the type of seizures they have. However, in this article we use the term

'epilepsy' as it is a familiar term for many people. Epilepsy is described in two ways. The type of epilepsy describes what has caused the seizures to start and which part of the brain is affected during a seizure. For example, in the term 'genetic generalised epilepsy', 'genetic' refers to the likely cause (see page 5), and 'generalised' means that both sides of the brain are affected during a seizure. Another way to describe epilepsy is to talk about the type of seizures a person has. In this article we look at the types of epilepsy and not at the types of seizures.

what causes epilepsy?

Different epilepsies are due to many different underlying causes. The causes can be complex, and sometimes hard to identify. A person might start having seizures because they have one or more of the following.

- A genetic tendency, passed down from one or both parents (inherited).
- A genetic tendency that is not inherited, but is a new change in the person's genes.
- A structural (sometimes called 'symptomatic') change in the brain, such as the brain not developing properly, or damage caused by a brain injury, infections like meningitis, a stroke or a tumour. A brain scan, such as Magnetic Resonance Imaging (MRI), may show this.
- Structural changes due to genetic conditions such as tuberous sclerosis or neurofibromatosis, which can cause growths affecting the brain. Some researchers now believe that the chance of developing epilepsy is probably always genetic to some extent, in that any person who starts having seizures has always had some level of genetic likelihood to do so. This level can range from high to low and anywhere in between. Even if seizures start after a brain injury or other structural change, this may be due to both the structural change and the person's genetic tendency to seizures, combined. This makes sense if we consider that many people might have a similar brain injury, but not all of them develop epilepsy afterwards.

II. MATERIAL AND METHOD

2.1. Plant material

The plant material of *Commenslina Diffusa* was collected from Bhopal. The identification and authentication of these plants were done by Botanical Survey of India (Ministry of Environment and forest). It was confirmed that, the

CommenslinaDiffusaBurmves of *Commenslinadiffusaburm.* And belonging to the family

CommelinacCommenslinaDiffusaBurme(Vide authentication letter No: BSI/WRC/Tech./2022:dated16/10/2022; Voucher Specimen Number- MKS-1.) These identified and authenticated *CommenslinaDiffusaBurmves* were used for the further studies.

2.2. Experimental animals

Swiss-albino mice of either sex weighing 18–25 g m and . Animals were kept in well cross ventilated room at 27 ± 2 OC, light and dark cycles of 12 h, respectively, for 1 week before and during the experiments. All the animals of either sex were housed in groups of six under standard laboratory conditions with free access to standard pellet diet and water. Experiments mentioned in this study were conducted in accordance with guidelines of local animal ethical committee, *CommenslinaDiffusaBurmrance* to carry out the work was obtained from the Institutional animal ethical committee *CommenslinaDiffusaBurmring* no. (DYPIPSR/IAEC/13–14/P-03).

2.3. Preparation of extract

Fresh *CommenslinaDiffusaBurmves* were collected and washed under running tap water and dried in shade. Dried *CommenslinaDiffusaBurmves* were powdered, and passed through sieve of mesh size no.85. 500 g of coarse powder was defatted with petroleum ether 80, this helps in removal of colouring materials like chlorophyll. The powder was placed in thimbles made up of cellulosic filter paper extracted with Ethanol solvent in soxhlet apparatus at a temperature not exceeding 60 °C for 72 h. The extractive value of *CommenslinadiffusaburmethanolicCommenslinaDiffusaBurmf* extract was obtained to be 10% w/w. The extract was concentrated under reduced pressure in rotary evaporator to yield a syrupy viscous mass. The viscous mass was allowed to dry in porcelain dishes, after drying dark green solid mass was weighed and stored for further pharmacological investigations.



Fig. Prepration of Extract

2.4. Phytochemical analysis

The chemical profiling was carried out by TLC and preliminary phytochemical investigation of ethanolic extract. It *CommenslinaDiffusaBurml*ed the presence of phytoconstituents such as Alkaloids, flavonoids, glycosides, steroids, tannins/phenolics.

Table 1 Preliminary qualitative phytochemical screening of methanolic extract of *C. diffusa* (MECD)

Plant constituents	Inference
Alkaloids	+
Flavonoids	+
Saponins	+
Tannins	+
Cardiac glycosides	+
Carbohydrates	-
Reducing sugars	-
Proteins	-
Glucosides	-
Terpenoids	+
Steroids	+

+: Presence; -: Absence



Fig. Determination of melting point of Extract

2.4. Acute toxicity study

Acute toxicity studies of the extract of *COMMENSLINA DIFFUSA BURM* were performed according to OECD guideline no. 423. *Rattus norvegicus* (females) 8 and 12-week-old (non-pregnant nulliparous) were housed at 22 °C in a *Commenslina Diffusa Burmn* room. Dose of extracts were prepared in a way that the volume should not exceed 1 mL/100 g m of the body wt. Animals were fasted prior to dosing and were held overnight with water ad libitum. Groups were formed with three animals per group. *Commenslina Diffusa Burmch* group received a single dose. Five fixed level doses were administered in increasing order of concentration as 5, 50, 300, 2000 mg/kg body wt. and 5000 mg/kg body wt. respectively.



Fig. Phytochemical analysis of extract at laboratory of Vivekanand College of Pharmacy Bhopal



Fig. phytochemical analysis



Fig. Acute dose toxicity

2.5. Anticonvulsant activity

Anticonvulsant activity was carried out using two different models, MES and MES-induced convulsion in rats [32].

2.5.1. Maximal electroshock model

Animals were divided in five groups comprising of five animals CommenslinaDiffusa were fasted overnight with water ad libitum. Extract was suspended in 0.6% sodium carboxy cellulose 60 min prior to administration and induction of MES. First group was administered with plane vehicle 2 mL/100 g body wt., and was considered as control. Second group was administered with standard drug phenytoin (20 mg/kg body wt.) intraperitonCommenslinaDiffusaBurmlly; this group was considered as standard. Remaining three group of animals were administered with the COMMENSLINA DIFFUSA BURM extract, designated as Test-I to III the dose was in incrCommenslinaDiffusaBurmsing order as COMMENSLINA DIFFUSA BURM-100 mg/kg body wt., COMMENSLINA DIFFUSA BURM-200 mg/kg body wt. and COMMENSLINA DIFFUSA BURM-400 mg/kg body wt. respectively. The animals were applied with a supramaximal electrical stimulus of 150 mA for 0.2 s through the cornCommenslinaDiffusaBurml electrodes on cornCommenslinaDiffusaBurm. The animals were observed for various phases of MES seizures i.e., tonic hind limb flexion, tonic hind limb extensor and tonic-clinic phase. Abolition or decrCommenslinaDiffusaBurmse in the duration of extensor phase was taken as an index of antiepileptic activity of the extracts. The data was recorded in tabular form with mCommenslinaDiffusaBurmn ± SEM and analysed by applying the one-way analysis of variance (ANOVA).

2.5.2. MES induced convulsions in Mice

Wistar rats of either sex were divided into five groups CommenslinaDiffusaBurmch containing five animals with first group as control, second as standard. First group was administered with vehicle only and second group was administered with diazepam (10 mg/kg). Convulsions were induced by Applying Electrode in Ear of mice at 150 milliampere for 0.2 second.

COMMENSLINA DIFFUSA BURM extracts were administered in the in CommenslinaDiffusaBurmsing order of dose as mentioned CommenslinaDiffusaBurmlrier. The effect of COMMENSLINA DIFFUSA BURM extract at dose 100, 200 and 400 mg/kg/ip was studied on the severity of the seizures. The severity of status epilepticus was observed every 15 min till 90min and therCommenslinaDiffusaBurmfter every 30 min till 180 min. All observations such as fictive scratching, tremors, CommenslinaDiffusaBurmd nodding and forelimb clonus were recorded in tabular form and all the data were analysed using one-way analysis of variance (ANOVA).



Fig.MES induced convulsions in Mice At laboratory of Vivekanandcollege of pharmacy bhopal

III. RESULTS

3.1. Acute toxicity study

Acute toxicity studies of COMMENSLINA DIFFUSA BURM extracts gave the LD₅₀ as 2.12 g/kg and 3.12 mg/kg for oral CommenslinaDiffusaBurml routes respectively.

3.2. Anticonvulsant activity

3.2.1. Maximal electroshock model

The COMMENSLINA DIFFUSA BURM extract (100–400 mg/kg) produced a dose dependant delay in seizure onset induced by MES method. The effect of COMMENSLINA DIFFUSA BURM extract at dose 400 mg/kg was found to be similar to that of standard drug phenytoin (Table 2.).

Sr. No.	Groups	Treatments	Duration of Convulsions (Sec)				
			Flexion	Extension	Clonus	Stupor	
1	Control	Saline	water	11.60 ± 0.27	15.02 ± 0.10	11.16 ± 0.52	9.88 ± 0.22

Sr. No.	Groups	Treatments	Duration of Convulsions (Sec)			
			Flexion	Extension	Clonus	Stupor
		10 mL/kg				
2	Standard	Phenytoin 20 mg/kg i.p	2.98 ± 0.19**	4.00 ± 0.07**	3.58 ± 0.19**	3.10 ± 0.07**
3	Test-1	CD-100 mg/kg p.o	9.52 ± 0.20**	12.96 ± 0.17**	9.14 ± 0.09**	8.08 ± 0.22**
4	Test-2	CD-300 mg/kg p.o	6.06 ± 0.15**	7.34 ± 0.16**	5.34 ± 0.19**	4.72 ± 0.15**
5	Test-3	CD-500mg/kgp.o	3.4 ± 0.11**	5.56 ± 0.13**	3.72 ± 0.17**	3.52 ± 0.13**

IV. DISCUSSION AND CONCLUSION

The CD (commenslinadiffusa) extract was found to have significant broad dose range as evident from the acute toxicity study, it showed the oral LD50 of 2.12 g/kg which is quit high compared to phenytoin with oral LD50 of 150 mg/kg.

The extract of CD in the dose range of 100–400 mg/kg produced a significant dose dependent ($p < 0.01$) reduction in convulsions in the MES model and displayed the efficacy in

flexion, extension, clonus and stupor (Fig. 1). The extract at 400 mg/kg also exhibited anticonvulsant effect comparable to phenytoin at 20 mg/kg. These observations suggest that EA extract exerts significant glycinergic and GABAergic potentiating mechanisms. These two act as inhibitory neurotransmitter in the nervous system and are associated with conclusions. The CD extract might be inducing the release of these neurotransmitters and thus inhibiting the convulsions.

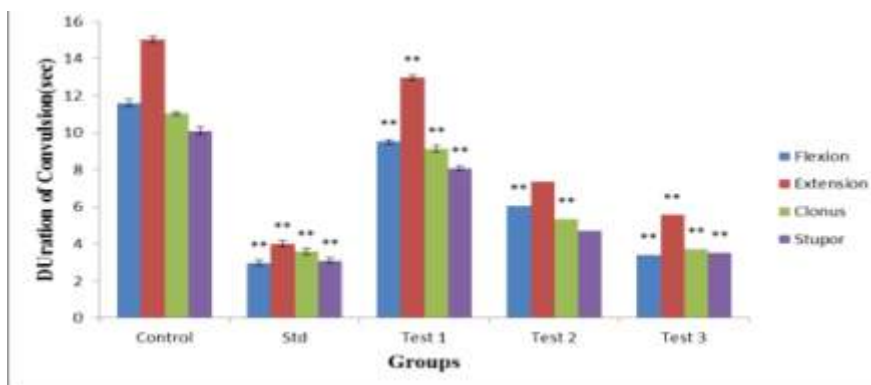


Fig. Effect of Ethanolic extract of commenslinadiddusa on MES induced Mice



Fig. Muscle relxant activity of Extract shown at the dose of anticonvulsant activity

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