

Comparative in Vitro Evaluation of Five Different Brands of Ketoconazole Tablets.

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ABSTRACT

The qualities of five different brands of ketoconazole tablets commercially available in India were assessed. The weight uniformity, hardness, friability, disintegration time, absolute drug content and dissolution rate of the were determined using official or standard methods, as applicable. The five brands passed the uniformity of weight test with the range of 0.351 – 0.676 g, hardness test with a range of 4.00 – 7.70 kgF, friability test with a range of 0.146 – 0.268 % and absolute drug content with a range of 98.82 – 107.02 % and conformed to the pharmacopoeias specifications. However, all the tested brands had poor dissolution profiles. None of the brands was bioequivalent with the innovator brand.

I. INTRODUCTION:

Ketoconazole, is a class of Imidazole and sold under the brand name Nizoral. Its IUPAC name is 1-[4-[4-[[2-(2,4-dichlorophenyl)-2-(imidazol-1-ylmethyl)-1,3-dioxolan-4-yl]methoxy]phenyl]piperazin-1-yl]ethanone. It is used as an antiandrogen and antifungal medication for the treatment of number of fungal infections such as cutaneous candidiasis, pityriasis, dandruff, and seborrheic dermatitis. The chemical structure of ketoconazole is showed in fig 1

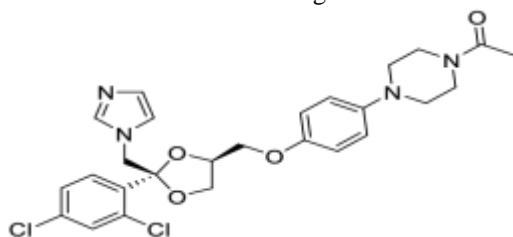


Fig. 1 : Chemical structure of Ketoconazole

II. MATERIAL AND METHOD:

a) Uniformity of weight test

Five different tablet are selected from each brand, were weighed individually and collectively

using an analytical weighing balance. The mean weights, as well as the deviations (standard error of mean), of the individual tablets from the mean weight were calculated.

b) Hardness test (crushing strength)

Five tablets were randomly selected from each brand and their hardness determined using the Mosanto Stokes hardness tester. Each tablet was placed between the spindle and anvil and pressure applied by turning the knob sufficiently to hold the tablet in position. The pointer on the scale was adjusted to zero reading and pressure gradually and steadily increased until the tablet breaks. The pointer reading from the scale was taken as the pressure required to break the tablet. The above procedure was repeated for the five different brands of ketoconazole tablets.

c) **Disintegration:** Disintegration of ketoconazole tablets occurred within 5 minutes in each buffer solution and was unaffected by pH. At pH 2 and 3 and stirred at 500 rpm at 37 degrees C, dissolution of ketoconazole was greater than 85% complete after five minutes. According to IP the disintegration time of tablet is 15 minute.

d) **Dissolution:** The veego tablet dissolution apparatus was used. The tablet was placed in a wire-mesh basket suspended in a dissolution medium of 500 ml of 0.1N HCl maintained at 37 ± 1 O C in a water bath. The wire-mesh basket was rotated at a speed of 50 rpm and the experiment allowed to run for 60 minutes for each tablet tested.

e) **Friability test:** Five tablets from each brand of ketoconazole tablets were de-dusted, weighed and subjected to vibration and shock in a Roche Friabilator rotating at 25 rpm for 4 minutes

$$\% \text{ weight loss} = \frac{W_2 - W_1}{W_1} \times 100$$

III. RESULT AND DISCUSSION

The ketoconazole tablets were all circular in shape and had colours that varied between white and off white color. The identity profiles of the different brands of ketoconazole tablets marketed in Nigeria are presented in While three of the brands (representing 60 %) were imported from Asia, the other two brands (representing 40 %) were imports from Europe. None of the brands was manufactured in Nigeria. This implies that the indigenous pharmaceutical industries in Nigeria are yet to meet up to the challenges of tableting some of the needed drug products. The results of the quality control parameters of the different brands of ketoconazole tablets are shown in relevant tables

The five brands of ketoconazole tablets passed the weight uniformity test since they all had low coefficient of variation in line with the specifications for compressed uncoated tablets (Lund, 1994). Tablet weight variations are attributed to various formulation factors which are dependent on the manufacturer. The hardness and friability tests results revealed that the five brands complied with the crushing strength (2.0 - 7.9 kg) and friability (0.8 – 1.0 % loss in weight) specifications (British Pharmacopoeia, 1998; Ofoefule, 2002; USP, 2005). According to Ofoefule, 2002, friability is a measure of the resistance of tablets and granules formulations of pharmaceutical products to abrasion. The results confirm that the ketoconazole brands could withstand the stress of handling and transportation.

Table:1 Uniformity of weight test

Name	Weight
Ketofly 200mg	0.4 gm
Ketocip 200mg	0.2 gm
Nizol 200mg	1.1 gm
Ketrich 200mg	0.3 gm
Ketomac 200mg	0.2 gm

Table:2 Values of disintegration test of different brands of Ketoconazole

Name	Times
Ketofly 200mg	2.0 minute.
Ketocip 200mg	1.45 minute.
Ketrich 200mg	1.55 minute.
Nizol	1.17 minute.
Ketomac	2.1 minute.

Table:3 Values of dissolution test of different brands of Ketoconazole

Name	Solution	Temperature	Time
Ketofly 200mg	Buffer	37 ± 2° c	17.30 minutes.
Ketocip 200mg	Buffer	37 ± 2° c	20 minutes.
Nizole 200mg	Buffer	37 ± 2° c	18.55 minutes.
Ketrich 200mg	Buffer	37 ± 2° c	19 minutes.
Ketomac 200mg	Buffer	37 ± 2° c	16 minutes.

Table: 4 Friability test

Name	Initial weight (w1)	Final weight(w2)	Friability %
Ketofly 200 mg	0.3 gm	0.2 gm	33.33 %
Ketocip 200mg	0.6 gm	0.4 gm	33.34 %
Nizol 200mg	0.4 gm	0.3 gm	25 %
Ketrich 200mg	0.5 gm	0.4 gm	20 %
Ketomac 200mg	1 gm	0.7 gm	30 %

The results of the disintegration time (DT) test showed that the five brands of ketoconazole tablets had disintegration times ranging between 0.49 and 8.51 minutes. The test tablets are considered to have satisfactory DT values since the obtained values are in agreement with the mean disintegration time specification for uncoated tablets which should not exceed 15 minutes (British Pharmacopoeia, 2004). In the context of tablet technology, disintegration implies penetration of the tablet by an aqueous liquid, disruption of internal bonds and subsequent breakdown of the tablet. Factors that can affect disintegration time of the tablets include the rate at which a liquid penetrates a tablet, the nature and method of incorporation of lubricants, the action of disintegrates, and the degree of compaction and reduction of inter-particle bond strength in the presence of water (Rawlins, 1970). All the brands of ketoconazole tablets had active ingredient which fell within the USP, 2004 acceptable limit of 90 - 110 %. The chemical qualities of ketoconazole tablets marketed in Nigeria were assured and are independent of the drug's country of origin. The dissolution profile of the different brands of ketoconazole tablets revealed poor drug release. In vitro dissolution studies help in predicting biological drug release pattern in terms of rate and extent of release. No universal dissolution tests has been designed that gives the same rank order for in vitro dissolution and in vivo bioavailability.

Similarly, the five brands of ketoconazole tablets complied with the friability test specification of 0.8 – 1.0% loss in weight for pharmaceutical products, and that no tablet caps, laminates, or breaks up in the course of the test (Ofoefule, 2002; USP, 2005; BP, 1998).

IV. CONCLUSION

The present study showed that the weight uniformity, hardness, friability, disintegration time, absolute drug content, melting point, dissolution rate and antifungal activity of the five brands were determined using official method as applicable. The five brands passed the uniformity of weight test with the range of 0.351-0.676g, hardness test with range of 4.00-7-70kgF, friability test with range of 0.146-0.268%, absolute drug content a range of 98.82-107.02% and melting point tests and conformed with pharmacopoeia specifications. However, all the tested brands failed the dissolution test requirements. With the exception of brand E, the other brands A,B,C and D showed appreciable activity against the test organism candida albican and *Apergillus niger*. Brand C and D, at the concentration of 20mg/ml exhibited identical activity against *Aspergillus niger*, Brands A, B and D inhibited *C. albicans* to similar extent and are therefore interchangeable with one another in the treatment of candidiasis.

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