

## Approaches to the Polymeric Nanoparticles

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**ABSTRACT:** Nanomaterials (NMs) have risen in importance as a result of their tunable physicochemical and biological characteristics, as well as the outstanding quality in contrast to their size counterparts. The objective of this review is to identify the methods used to create nanoparticles. Additionally, different types of nanoparticles are classified based on the vehicle used to deliver them. In the review, various methods for classifying nanoparticles are presented, along with an overview of the polymers used in their preparation. Additionally, the characterization of polymeric nanoparticles and their preparation methods are also compiled.

**KEYWORDS:** Polymers, Nanoparticles, Lipids, Methods, Preparation, dimension, Emulsification, spectroscopy

### I. INTRODUCTION:-

In comparison to bulk materials with the same composition, nanoparticles (NPs) are minuscule particles, measuring 1000 nm with distinctive physicochemical properties. The use of NPs in both commercial and medical research is highly desirable due to these qualities. [[1]]

Since polymeric NPs possess capacity to regulate release, protect drugs using the environment and other molecules with biological activity, and boost bioavailability and therapeutic index, they can be used as drug carriers. The term "nanoparticle" encompasses both the two subtypes of nanoparticles, nanospheres and nano capsules. The release of drug from the oily component in nano capsules is controlled by a polymeric shell

that surrounds the core, which is typically dissolved with the drug. Due to the continuous polymeric network of nanospheres, drugs can be kept inside of them or Entrapped by their area. The two different polymeric NPs forms are referred to as matrix system (nanosphere) and a reserve system (nano capsule). [[2]] Nanoparticles are produced using two fundamental methods: bottom-up method and top-down method.

Top-Down/mechanical-physical production processes

Procedures for producing mechanical-physical molecules based on microsystem technology principles are referred to as "top-down" processes. One of the traditional mechanical-physical crushing techniques for the generation of nano particles is milling.

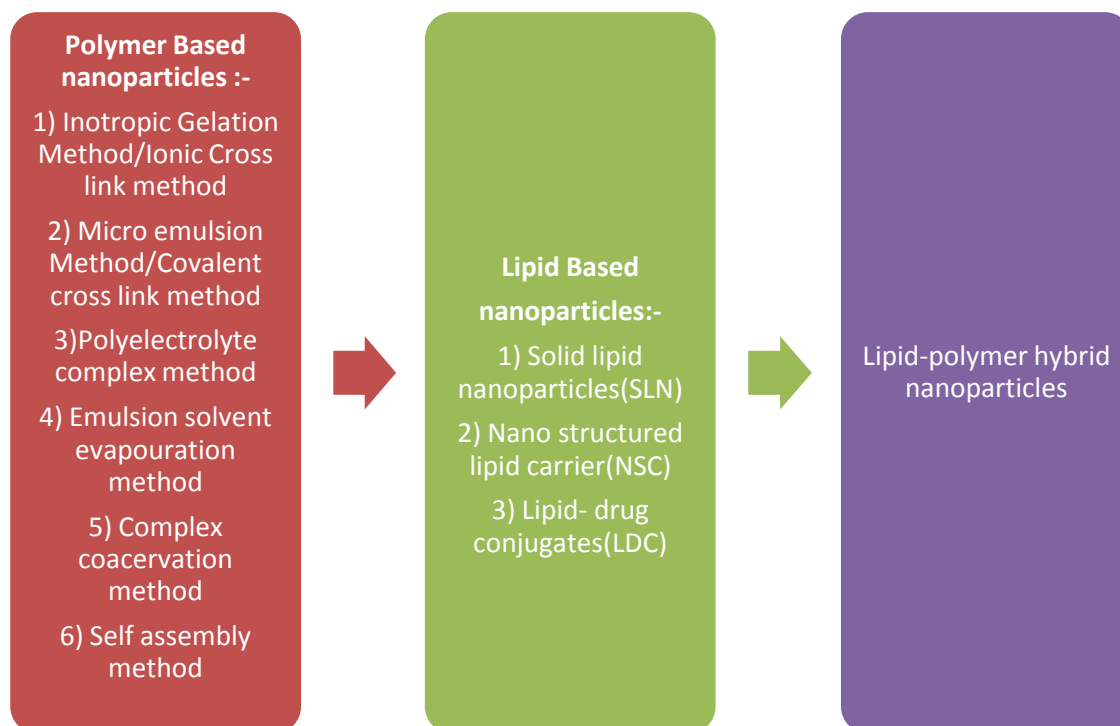
Bottom up/Chemo-physical production processes

The physicochemical principles of self-organization in molecules or atoms serve as the foundation for bottom-up methods from molecules or atoms, this method produces a few more intricate structures that are easier to control in terms of size, shape, and range. Included are solgel processes, precipitation reactions, and aerosol processes. [[3]]

### 1 Types of Nanoparticles

The following three categories can be roughly categorized as:

1. Polymer Nanoparticles
2. Nanoparticles on lipid based
3. Lipid-polymer combination Nanoparticle



**Chart 1:-** Types of different nanoparticles

### 1. Polymer-based nanoparticles

Depending on how they have been developed, these can be either nanospheres or nano capsules. In contrast, the drug is contained in nanospheres, which are matrix systems and physically. Dispersed, the drug is contained in systems known as nano capsules contained within a cavity that is surrounded by an individual polymer membrane. [[5], [6], [7]]

#### 1.1 By using Ionotropic Gelation Method or by Ionic Cross-Linked Method:

Biopolymer nanoparticles produced through the ionotropic gelation were initiated by Calvo et al.[8] In this method, the chitosan amine group interacts electrostatically with a negatively charged poly anion group, such as tripolyphosphate. [[9], [10], [11]] Nanoparticles spontaneously formed after the addition of poly anion or anionic polymer while still being mechanically stirred at room temperature. (Fig. 2) [[12]]

#### 1.2 Micro emulsion Method/Covalent Method of Cross-Linking

Using a micro emulsion technic, Maitra et al. were the first to generate a nanoparticle from

chitosan. [[15]] The foundation of this procedure is Chitosan is constructed by glutaraldehyde as well as amino group cross-linking within the molecular chain the covalent cross-linking of the chitosan chain utilized as a suitable cross-linking agent. Nanoparticles encasing 5-fluorouracil were first created using this method. [[16]]

n-Hexane was dissolved in a surfactant using the micro emulsion method. Before adding glutaraldehyde and chitosan in an acetic solution, the surfactant/hexane mixture was first continuously mixed at room temperature for a period of moment. Nanoparticles developed as a result of surfactant. The cross-linking of chitosan includes a combination of the glutaraldehyde and the free amine group. The system began to tremble overnight. The organic solvent is consequently eliminated while dealing with low pressure through evaporation. By changing the glutaraldehyde concentration, which also changes the degree of cross-linking, particle size can be controlled. This technique uses a 100 nm size distribution. [[17]]

#### 1.3 Polyelectrolyte Complex Method

When poly anions and a cationic, charged polymer self-assemble, polyelectrolyte complexes, also described as self poly electrolytes, take shape.

Several chitosan nanoparticle formulations that use polyelectrolyte complexation call for the use of poly-cationic and poly-anionic polymeric materials in addition to chitosan. No additional particles, for eg catalyst or initiator, are typically usually required for the reaction, that also typically takes place in an aqueous solution.

#### 1.4 By using Emulsion Solvent Evaporation Method

Among the latest common process for drug encapsulation in not soluble in water these polymers used in this technique. [[23]] Alginate, a biodegradable and biocompatible copolymer, is achieved by a combination of guar and mannuronic acid. The frontline anti-tubercular drugs (ATDs; pyrazinamide, thambutol, isoniazid, and rifampicin) have been supplied using it as a nanoparticulate delivery system. It is frequently taken orally to treat reflux esophagitis. [[22]]

#### 1.5 Complex Coacervation Method

The detachment of polymer solutions into two coexisting phases using coacervation techniques results in a diluted steady state phase or filtrates that is free of polymer matrix and a thick amplification phase that is filled up with polymer matrix. In aqueous systems, coacervation comes in two forms: simple coacervation and complex coacervation. Electrostatic attractions cause complex coacervation, which merge colloids with opposing charges, to spontaneously separate into liquid and liquid phases. [28]

#### 1.6 Self-Assembly Method

Amphiphilic compounds can fully capable into core shell NPs in water. Amphiphilic NPs can simultaneously travel hydrophilic and hydrophobic drugs thanks to their hydrophilic shell and hydrophobic core. One advantage of the water loving shell is that it lessens the engulfment of macrophages. Tien et al.'s amphiphilic NPs have consequently drawn growing attention described how to make hydrophobic self-assembling N-acylated microparticles for product-controlled release. [[28]]

### 2. Lipid-Based Nanoparticles

Lipid nanoparticles are spherical, biocompatible, biodegradable, nanoscale particles that are made of lipids. Lipid nanoparticles can be made by adding phospholipids as emulsifiers to an oil phase, such as triolein. For instance, paclitaxel may be added to the oily core. [Error! Reference

source not found., [31]] High-pressure homogenization, a process used to start creating liposomes, is one that can be used to them. Fig.2.

#### 2.1 Solid lipid Nanoparticles (SLN)

A Solid Lipid Nanoparticles is a different choice to the colloidal particles from past carriers like Liposomes, micro- and nanoparticles, and emulsions made of polymers which was first presented in 1991. The right surfactant or surfactants stabilize the SLN structures, which withstand well at both room and body temperatures. These lipidic compounds include waxes, complex glyceride mixtures, and purified triglycerides. [[33], [34]] High-speed homogenization, micro emulsions, emulsion solvent evaporation, and ultra-sonication are a few examples of how these can be made, membrane contractor technique, phase inversion, and solvent injection.

#### 2.2 Nanostructured Lipid Carriers (NLC)

Toward the end of the 1990s, NLC was introduced, which remedied the drawbacks of SLN. NLCs are constructed by combining lipids from both the solid and liquid phases. NLC can be free in 3 different ways depending on the make-up of their lipid matrix; the amorphous type or structure free type, the imperfect type, and the multiple types. The drug's compartments and lipid matrix may have faults because the lipid is either saturated or unsaturated and has different fatty acid chain lengths. Drugs were surrounded by Bio Nano Science in a solid lipid nanoparticle. [[29]]

#### 2.3 Lipid drug conjugates (LDC)

Lipid Drug Conjugate NP's helps in easy incorporation of drug up to 33%. It is possible to build by salt formation, to a bulky drug-lipid conjugate that's also insoluble (for example, utilizing a fatty acid) or covalently linked (for esters and ethers). During the process of making fatty acid, salt and free drug base are solubilized in an appropriate mixture. As a result, the solvent is thereafter vaporized at a lower pressure. Recrystallization is used to detoxify the LDC bulk after the drug (salt) and fatty alcohol undergo a covalent linking reaction. Finally, a nanoparticle is produced by homogenization using a high-pressure aqueous surfactant solution to combine the obtained LDC bulk. [[36]]

### 3 Lipid polymer hybrid Nanoparticles

In the lipid polymer hybrid NPs, the perks of individual lipid and polymer based nanoparticles are combined. [43, 44, 46] The drug distribution platform of LPN is robust, with a more drug deposition yield, excellent serum stability, a drug release profile that is customizable and sustained, and contrasting cell or tissue target. There were three distinct functional parts to the LPN: 1) a polymer core that is hydrophobic and used to deposit drugs that are difficult to dissolve in water; (2) a polymer hydrophilic shell with anti-bio fouling properties that increase LPN half-life in systemic circulation and improve LPN stability; (3) a lipid trying to act as a molecular shell at the

core-shell interface to encourage drug absorption within the polymeric core and enhance drug deposition efficacy, drug release and drug loading yield control. [[38]]

Covalent bonds frequently join the lipid shell to the hydrophilic polymeric shell. It has been demonstrated that these lipid-polymer hybrid nanoparticles possess the distinct while avoiding some of their inherent drawback; polymer- and lipid-based nanoparticles have several advantages. As a result, they have a lot of potential as a delivery method for various medical uses. [[40]]

TYPES OF Polymeric Nanoparticle	EXAMPLES
1. Polymer Nano particles	Drug conjugates, nanoparticles, micelles, nanogels, proteins, as well as dendrimers
2. Lipid Nano Particles	Solid lipid nanoparticles, exosomes, and liposomes
3. NonPolymeric Nanoparticles	Nanoparticles created of silica, carbon nanotubes, diamond, metallic nanoparticles, and quantum dots
4. Nanocrystalline	Chitin, Chitosan

**Table 2:-** Different Types of Nanoparticles Based On different Formation [48]

**Fig 2:-** Lipid Nanoparticle

## 2 Polymers used in nanoparticles preparation

### 2.1 Polyglycolide

Polyglycolide has excellent mechanical qualities like a high tensile modulus because it is a polymer with a high crystallinity (45–55%). In organic solvents, it was very difficult to dissolve. A temperature of this polymer's glass transition is between 35 and 40 degree Celsius, and its melting point is above 200 degree Celsius. Disadvantages of polyglycolide, including its low solubility, rapid speed of deterioration, and acidic deterioration products, restrict its use in biomedicine. In order to circumvent these concerns, a number of copolymers with glycolide blocks are being created.

### 2.2 Poly lactic acid (PLLA)

The polymer processing parameters and molecular weight determine the degree of crystallinity of PLLA, which has a crystallinity of 37%. That substance had temperature at which glass shifts between 60–65 degree Celsius, and its melting point was 175 degree Celsius. Polyglycolide breaks down faster than PLLA, a polymer. Low extension, a high modulus, and a powerful in tensile terms are just a few of its desirable mechanical properties.

### 2.3 Poly lactic co-glycolic acid (PLGA)

Lactic and glycolic acid copolymers have drawn a lot of attention as drug delivery transport in the field of biopolymers. In general, there are two methods for creating PLGA copolymers: A. By directly polycondensing glycolic and lactic acid; B. by lactic acid (lactide) and glycolic acid (glycolide) opening cyclic dimers in polymerization. Copolymers made using the second method have higher molecular weights and superior mechanical properties than copolymers made using the first method. Since lactide is less hydrophilic than glycolide, PLGA copolymers have a lower rate of degradation with a rising lactide to glycolide ratio. PLGA has a high rate of hydration and hydrolysis because it is less crystalline than PGA and PLLA.

### 2.4 Poly caprolactone (PCL)

PCL is a hydrophobic, with a semi-crystalline polymer 60° transition temperature for glass (TG) degrees Celsius and a melting point of 59–64 degrees Celsius. [[42], [43]] With the aid of a number of anionic, cationic, and coordination catalysts, including the  $\epsilon$ -caprolactone monomer, PCL is produced using the ring-opening

polymerization method with the aid of a number of anionic, cationic, and coordination catalysts, including the caprolactone monomer, PCL is produced through the ring-opening polymerization process. We make use of 4-vinyl anisole, polyvinyl chloride, Diisocyanates (urethanes), vinyl acetate, polyethylene glycol (PEG), polystyrene, chloroprene, and polyethylene glycol (PEG). [[43], [47], [48], [49], [50]]

**4. There also are various approaches for classification of nanomaterials. According to Hett (2004), nanoparticles are categorized as below.**

#### 4.1. One dimension nanoparticles

Thin films and manufactured surfaces are explanations of one-dimensional systems that have long been used in engineering, chemistry and electronics. Making of thin films or monolayers (sizes 1–100 nm) is currently standard practice in the fields of solar cells and Catalysis. These films are used for a variety of applications for technology, such as data storage systems and chemical and so more. Biological sensor, fiber optic system, magneto-optic devices.

#### 4.2. Two dimension nanoparticles

##### 4.2.1 Carbon nanotubes (CNTs):

The CNTs are atoms in a hexagonal structure in a carbon molecule with 1 nm diameter and that are 100 nm in length created by rolling up a graphite layer into a cylindrical tube. CNTs come in two varieties: SWCNTs, or uni wall carbon nanotubes, and MWCNTs, or varyingly walled carbon nanotubes. Nanotubes have an extremely high current density—approximately 1 billion amperes per square meter—which helps make them a superconductor. Comparison to the strongest steels, carbon nanotubes have a mechanical strength that is sixty times greater. Molecular absorption is significantly improved by the three-dimensional structure of carbon nanotubes. They are also extremely chemically stable.

#### 4.3. Three dimension nanoparticles

##### 4.3.1 Fullerene (C 60):

Round cages, fullerenes comprising C<sub>60</sub> is composed of 28 to more than 100 carbon atoms. An empty soccer ball closely resembles pentagons and hexagons of carbon connected to each other the class of materials known as fullerenes have distinctive physical properties. They can be put under a lot of pressure and then get back to how

they were before the pressure was applied. Because these molecules do not combine, they have a lot of potential for use as lubricants. Their intriguing electrical properties have led to the suggestion that they be used in the electronic sector, including data storage and solar cell production. The application of fullerenes in a number of nano electronic uses is possible. Due to their empty structure and dimensions that are such as of a number of bioactive molecules, fullerenes have the potential to be used in medicine (Tomalia, 2004).

#### 4.3.2 Dendrimers:

A product class of polymers with controlled structures a nanometric size is called dendrimers. Because they typically have a surface with numerous functional groups and a diameter between 10 and 100 nm, dendrimers are excellent drug delivery vans (Wiener et al., 1994). They cooperate well with organic materials structures like DNA can be created into metallic nanostructures, nanotubes, or other shapes (Fu et al., 2007). Due to their compatibility with organic structures like DNA and their various reactive surface groupings (nanostructure), dendrimers are frequently used for biological and medical fields.

#### 4.3.3 Quantum Dots (QDs):

In quantum dots, a very small device, there is a microscopic drop of unbound electrons. Colloidal semiconductor nanocrystals are known as QDs. with diffraction pattern of 2 to 10 nm. A variety of semiconductor materials can be used to make QDs through electrical engineering or electrochemistry. The majority frequently utilized QDs are made of indium phosphide (INP), cadmium selenide (CdSe), and indium arsenide (InAs). Optical and optoelectronic devices, as well as information storage, can all be decided to make with it. DNA testing is done quickly using quantum dots that are color-coded. Quantum dots (QDs) are objects where carriers of electrons and holes are quantum-confined at sizes smaller than the Bohr radii. [[53]]

### 5. Method of preparation of nanoparticles:

#### 5.1 Solvent Evaporation:[0][55]]

Solvent evaporation was the initial technique used to create an already-formed polymer, polymeric NPs. This approach requires the initial creation of o/w emulsion. Even though previously used more frequently, chloroform and dichloromethane are still widely used today. [[57]] Considering their toxicity better toxicological

profile, ethyl acetate and is that's why better suited for biomedical purposes, has removed them. [58] It has also been normal practice to prepare a water stage that contains a surfactant like PVA (polyvinyl acetate). [[59]]

The natural remedy had been stirred with both the water state using a surfactant to emulsify it. To create a dispersion of nano droplets, usually, it is processed again via ultrasound or quick homogenization. [[60]] As the polymer solvent evaporates, the NPs are able to dissipate through the emulsion's continuous phase and form a suspension. When using more Polar solvents (like dichloromethane and chloroform), either the solvent slowly vaporizes under low pressure or shaken vigorously magnetically while at room temperature. The crystallized if the solvent has been removed, nanoparticles can be collected, disappeared, collected by centrifugation and freeze-dried for long-term backing up. This technology can be used to generate nanospheres. [[61]]

#### 5.1.1 Emulsification/Solvent Diffusion:

An oil in water emulsion is developed by adding surfactant-containing aqueous solution with a drug and polymer-including partially water-miscible solvent. [[62],[63]] A partially flammable organic solvent hydro-miscible with water, like benzyl alcohol or ethyl acetate, tends to make up the. A stage inside of this emulsion. This creates thermodynamic equilibrium between the two phases at room temperature. [[64]] Trace quantity of oil (triglycerides, for e.g.) can be added to the mixture to create nanocapsules. Regardless of the fact that this is the usual way to create nanospheres. [[65]]

#### 5.1.2 Emulsification/Reverse Salting Out

The emulsification method uses lead to formation salting-out effect to separate an aqueous solution from a hydro-miscible solvent, which can of nanospheres. [[66]] The O/W emulsion is made of a polymer solvent that dissolves in water, like acetone or ethanol, which is the main difference. A salting out agent, a colloidal stabilizer and gel also evident in the water phase. [[67]] Good salting out encompass electrolytes like  $MgCl_2$  and  $CaCl_2$ , but also  $Mg(CH_3COO)_2$  along with non-electrolyte like sucrose. [[69], [70]]

#### 5.2 Nanoprecipitation:

This procedure, also referred to when the solvent is shifted necessitates a pair of soluble

solvents. The internal phase is a dissolved polymer in an organic miscible solvent including acetone or acetonitrile. [[71], [72], [73]]Evaporation makes it simple to get rid of them even though they are immiscible in water. The basis of this method is the polymers inter - facial deposition subsequently the removal regarding the organic solvent is shifted in the liquid media from a lipophilic solution. [[76]]After the polymer has been broken down in an intermediately polar solvent that mixture is applied water miscible, the solution either at a controlled rate or stepwise (in a dropwise fashion) into an aqueous solution while being stirred the polymer solution's quick sudden diffusion into the water phase. which arises in an effort to keep the water molecules at bay, provokes the nanoparticles to form right away. [[77]] As the fluid dissipates of the nano droplets, the polymer precipitate in the form of nanospheres or nanocapsules. [[80]]

## 6. Characterization of polymeric nanoparticles:-

### 6.1 Transmission Electron Microscopy (TEM)

Standard transmission electron microscopy has problem structuring resolution at the nanoscale. Although, electron microscopy methods can be used to examine these nanostructures in greater depth. TEM and SEM are the two most

widely used methods for conducting electron microscopy. They both will offer the same kind of data. By guiding an electron beam passing by a test object, a TEM produces the image. After that, the picture is enlarged and able to focus on a visualization tool. As a result, information is gathered. [[81],[82], [83],[84]]

### 6.2 Scanning Electron Microscopy (SEM)

A Scanning electron microscopy is a particular kind using an electron microscope detects a sample area with a concentrated electron flow to capture picture of it. When electron interacts in a test of atoms, distinct signals are generated that provide details in regards to surface topographic features and composition of the sample. SEM applied to ascertain the morphology, size, and shape of polymeric nanoparticles. Likewise, it might reveal the level of PNP aggregation. [[84],[85]]

### 6.3 Atomic force microscopy (AFM)

Atomic force microscopy is a method that is applied to study the morphological characteristics of polymeric NPs surfaces. It is helpful for investigating exterior morphological characteristics at the nano scale in addition to measuring delicate forces. [[84], [85]]

**Fig:- 3** Atomic Force Microscopy

#### 6.4 Light Scattering Techniques

In light scattering experimentations, the sample is first highlighted by a monochromatic beam. Once the light has been scattered, a detector records it at a particular angle. As a result, the characteristics of the sample are looked at 3 fundamental light transmitting strategies help to define polymeric NPs.

#### 6.5 Dynamic Light Scattering (DLS)

DLS is serves to estimate a nanoparticle's size in a solvent. DLS and spectra of photon correlations can be used to estimate particle size. The particles' Brownian motion is the basis of it a basic stage in A DLS experiment consists of shining a monochromatic laser beam on a colloidal mixture. After that, a photo detector obtains the scattered light. The scattered light intensity variations with time due to particles Brownian motion. The particle size is linked to this temporal variation in light intensity by an autocorrelation function. Therefore, DLS can be used to estimate the size of particles. [[87]]

#### 6.6 Electrophoretic Light Scattering (ELS)

Electrophoretic light scattering is focused on dynamic light scatter dynamic light scattering.

DLC can be used to calculate zeta potential and ELS can be used to measure electrophoretic mobility to determine particle size. This method is the most effective one for calculating zeta potential. In actuality, the zeta potential of colloidal solutions is used to gauge their stability. It also tends to help with surface property analysis. 5 As a result, readings between -30 mV and +30mV signify aggregation, flocculation, precipitation, or instability. Due to particle aggregation, electric repulsion isat a high zeta potential reduced value. [[88]]

#### 6.7 Fourier Transform Infrared Spectroscopy (FTIR)

It is a technique of spectroscopy, tracks transitions the vibration among various states of molecular excitation. This approach is more effective to learn about the architectural characteristics of PNP. Studying the exchanges of particles among the pharmaceuticals and the taking up polymer is also beneficial. In actuality, known compounds can be found using the fingerprint region. Aside from that, we can spot impurities. (fig. 4)

Fig.4 FTIR

#### 6.8 UV-Visible spectroscopy

NPs had distinctive visual characteristics these characteristics of NPs have impacted by their size, shape, concentration, and agglomeration. As a result, UV-Visible spectroscopy is an appropriate process for characterizing and defining polymeric nanoparticles. Using a spectroscopy technic, the quantity of light that the sample absorbed is used to calculate the analyte concentration. [[89]]

#### 6.9 X-ray Photoelectron Spectroscopy (XPS)

A procedure for figuring out a material's surface chemistry s called XPS. It is able to determine the chemical, electronic and elemental states of a material a robust surface is first exposed to a beam of X-ray in XPS. Electrons are subsequently excited to various energies. Then, it is determined how much kinetic energy was



released by the electrons from the top 1 to 10nm of material. It will be useful in figuring out the elements' make-up.

### 6.10 Fluorescence Spectroscopy

The fluorescence of a sample is examined using a spectroscopy method called as fluorescence spectroscopy. It also goes by the name fluorimetry. The process includes causing the electrons of a specific compound to be excited by a beam of light, usually ultraviolet light. And hence, these substances will emit light. For instance, it's used to study how nanoparticles and conformational changes in biomaterials interact. [[88]]

### 6.11 Diffraction Techniques

With the aid of diffraction techniques, the sample's crystal structure can be studied. For this, XRD analysis is commonly used. [[90], [91]]

### 6.12 X-ray Diffraction (XRD)

The efficient technique of XRD could be help to investigate the NPs' crystal structure. It is used to conduct the initial identification of materials properties like Crystallite, crystal structure strain and size. In actuality, based on the crystal's structure and the wavelength of the interaction with light, a variety of diffraction patterns can be observed. The periodic structure's interference of light from reflected objects distinct material layers is what causes diffraction. [[90]]

## II. CONCLUSION

In the quickly growing modern technical area known as "polymer in the delivering of smart medications," numerous medicinal applications are anticipated to address patient concerns in the field of medicine. They are recognized as controlled, targeted, multi-functional, and environment-responsive drug delivery system and hence Polymeric Nano-particles (PNP) has various promising and useful interactive frameworks.

PNPs' physiochemical characteristics need to be revised for the specific application. Different polymers can be used in a variety of ways to create various nano-particulate systems. Nano hydrogels, micelles that adapt to their environment, NPs with a core, and colloids, nanospheres, and core shell nanospheres are a few examples of multifunctional PNPs that have already been developed for single, dual, or multiple drug release. The synthesis approach's mechanism is essential in achieving the necessary features.

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