

## A Review on Nanoparticle in Drug delivery system

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Submitted: 20-06-2023

Accepted: 29-06-2023

### ABSTRACT

New drug delivery systems offer several advantages over traditional multiple-dose therapies. Over the past decades, there has been a great deal of research interest in the field of drug delivery by nanoparticle-based microparticle delivery systems. Nanoparticles are characterized by their high stability, high specificity, high drug transport capacity, controlled release capacity, potential use in multiple routes of administration, and ability to deliver both hydrophilic and hydrophobic drug molecules. , can offer significant advantages over conventional drug delivery. A well-designed drug delivery system can overcome some of the problems of conventional therapies and improve the therapeutic efficacy of certain drugs. Polymer nanoparticles have been extensively investigated as particle carriers in the pharmaceutical and medical fields because their controlled-release and sustained-release properties, intracellular size, and biocompatibility with tissues and cells make them promising drug delivery systems. rice field. It is a reliable means of delivering modified drugs specifically to target sites and maintaining desired concentrations at target sites without adverse effects. The purpose of this paper is to highlight the formulation, characterization, benefits of nanoparticles and their potential application in drug molecule delivery.

**Keywords:** nanoparticles, controlled release, sustained release, target site, therapeutic effect, novel drug delivery.

### I. INTRODUCTION

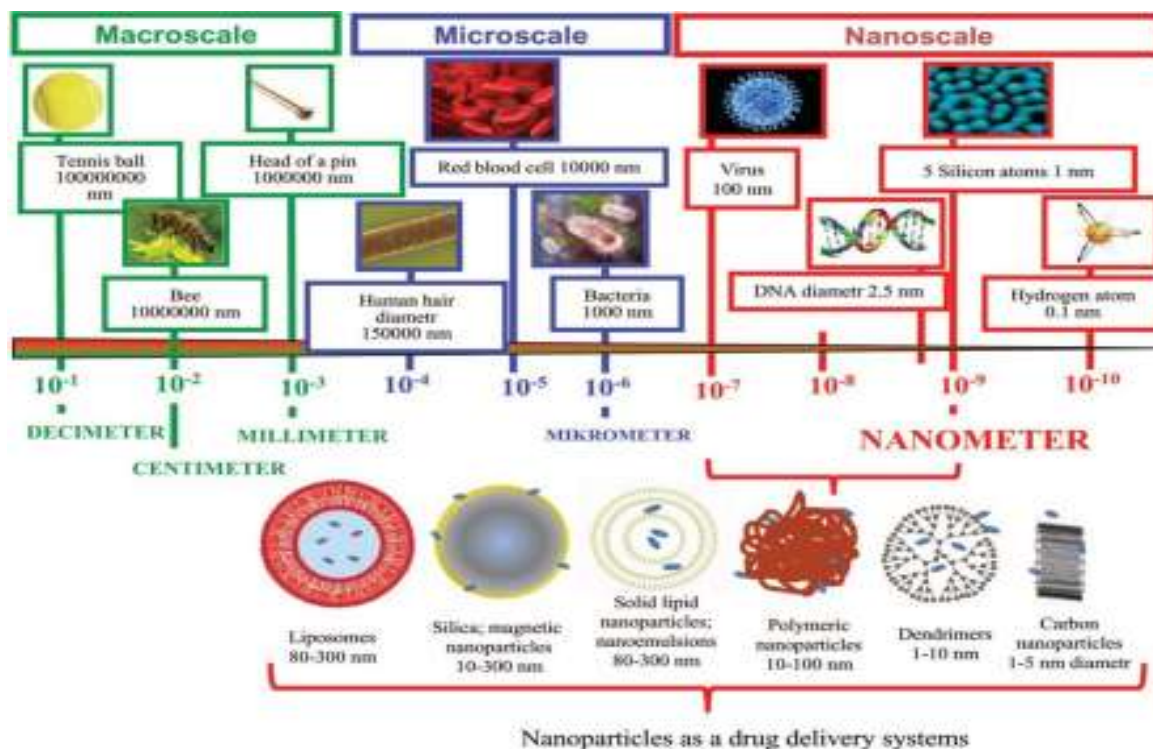
The prefix 'nano' has seen increasing use in various knowledge areas over the past decade. Some of the new nano-containing terms that are widely used in scientific publications, popular books, and newspapers include nanoscience, nanotechnology, nanochemistry, and nanomaterials, including the general public. department. As defined by the National Nanotechnology Initiative (NNI), nanoparticles are structures with a size between 1 and 100 nm in at least one dimension.

However, the prefix "nano" is often used for particles up to a few hundred nanometers in size.

Nanotechnology is a small science. very small ones. It is the use and manipulation of substances on the smallest scale. At this size, atoms and molecules have different functions, offering a variety of surprising and interesting uses. Research in nanotechnology and nanoscience has evolved rapidly in recent years across a wide range of product areas. This provides opportunities for materials development such as medical applications where conventional technologies may reach their limits. Nanotechnology should not be viewed as a single technology that only affects specific areas. Nanotechnology is often referred to as 'tiny science', but that doesn't just mean very small structures or products.

Nanoscale highlights are frequently integrated into mass materials and enormous surfaces. New nanoscale materials are created through the design, fabrication, and application of materials at the atomic, molecular, and macromolecular levels in nanotechnology [1]. Drug nanoparticles are strong, submicron-sized (under 100 nm in distance across) drug transporters that could possibly be biodegradable. A combination of nanospheres and nanocapsules is referred to as nanoparticles. While nanocapsules are systems in which the drug is surrounded by a distinct polymer membrane, nanospheres are matrix systems in which the drug is uniformly dispersed. This systematic review focuses on nanoparticle classification, manufacturing methods, characterization, applications, health prospects and pharmacological aspects [2]. With optimized physicochemical and biological properties,

nanocarriers are more likely to be taken up by cells than larger molecules, making them successful delivery agents for currently available bioactive compounds [3]. Liposomes, solid lipid nanoparticles, dendrimers, polymers, silicon or carbon materials, and magnetic nanoparticles are examples of nanocarriers that have been tested as drug delivery systems (Figure 1).



Nanoparticles as a drug delivery systems  
**Nanoparticle drug delivery systems with relation to other scales**

**CLASSIFICATION OF NANOPARTICLES**

The classification of nanomaterials can be done in a number of different ways. There are three dimensions of nanoparticles: one, two, and three [4].

**One dimension nanoparticles**

Nanoparticles with one dimension Systems with one dimension, such as thin films or manufactured surfaces, have been utilized in engineering, chemistry, and electronics for decades. Creation of slender movies (sizes 1-100 nm) or monolayer is presently normal spot in the field of sun powered cells or catalysis. Information storage systems, chemical and biological sensors, fiber-optic systems, magneto-optic devices, and other technological applications make use of these thin films.

**Two dimension nanoparticles**

Carbon nanotubes are hexagonal organization of carbon particles, 1 nm in measurement and 100 nm long, as a layer of graphite moved up into chamber. Single-walled carbon nanotubes (SWCNTs) and multi-walled carbon nanotubes (MWCNTs) are the two types of CNTs. The remarkable physical, mechanical, and electrical properties of carbon nanotubes, in

addition to their small dimensions, make them unique materials [5]. Depending on how the carbon leaf is wound around itself, they have metallic or semi-conductive properties. The ongoing thickness that nanotubes can convey is very high and can arrive at one billion amperes per square meter making it a superconductor. The mechanical strength of carbon nanotubes is multiple times more noteworthy than the best prepares. Carbon nanotubes offer a three-dimensional structure and excellent capacity for molecular absorption. Additionally, they are extremely chemically stable.

**Three dimension nanoparticles**

Fullerenes (Carbon 60)

C60 is present in fullerenes, which are spherical cages with 28 to more than 100 carbon atoms. A soccer ball-like hollow ball made of carbon pentagons and hexagons connected to each other. The class of materials known as fullerenes have distinctive physical properties. They can be put under a lot of pressure and then get back to how they were before the pressure was applied. Because these molecules do not combine, they have a lot of potential for use as lubricants. They have been suggested for use in the electronic industry, including data storage and solar cell production, due to their intriguing electrical properties.

Fullerenes have the potential to be used in a wide range of nanoelectronics applications. Fullerenes have the potential to be used in medicine because they are empty structures with dimensions comparable to those of several biologically active molecules [6].

Dendrimers:

Dendrimers are a new group of nanometric-sized controlled-structure polymers. Dendrimers utilized in drug conveyance and imaging are normally 10 to 100 nm in breadth with various utilitarian gatherings on their surface, delivering them ideal transporters for designated drug conveyance [7]. Dendrimers' structure and function have been thoroughly studied.

Dendrimers of today can be extremely specialized and contain therapeutic or diagnostic agents or other functional molecules at their core [8]. They are viewed as essential components for enormous scope union of natural and inorganic nanostructures with aspects of 1 to 100 nm [6]. They can be made into metallic nanostructures, nanotubes, or have the ability to encapsulate, and they are compatible with organic structures like DNA [9]. Dendrimers are frequently utilized in the medical and biomedical fields due to their compatibility with organic structures like DNA and their various reactive surface groupings (nanostructure). The drug utilizations of dendrimers incorporate nonsteroidal calming plans, antimicrobial and antiviral medications, anticancer specialists, star medications, and evaluating specialists for high-throughput drug revelation [10]. Dendrimers may be toxic because of the positive charge on their surface, which causes them to break up cell membranes [11].

QDs, or quantum dots,:

Quantum specks are little gadgets that contain a small drop of free electrons. Ds are colloidal semiconductor nanocrystals going from 2 to 10 nm in distance across. QDs can be combined from different sorts of semiconductor materials by means of colloidal blend or electrochemistry. Indium phosphide (InP), indium arsenide (InAs), and cadmium selenide (CdSe) are the QDs that are utilized the most frequently.

From a single electron to a collection of thousands, quantum dots can have anything. Electrons' sizes, shapes, and numbers can all be precisely controlled. Semiconductors, insulators, metals, magnetic materials, or metallic oxides have all been used in their creation. It very well may be

utilized for optical and optoelectronic gadgets, quantum figuring, and data stockpiling. Quantum dots that are color-coded are used for quick DNA testing. The quantum confinement of electrons and hole carriers in dimensions smaller than the Bohr radii is referred to as quantum dots (QDs). At their core, QD nanocrystals typically contain atoms from groups II and VI (such as CdSe, CdS, and CdTe) or II and V (such as InP). ZnS and CdS can be used as a shell to prevent excitons from quenching on the surface of the emissive core, improving photostability and emission's quantum yield (Goldberg M et al., 2007). Additionally, QDs offer a sufficient amount of surface area for the attachment of therapeutic agents for tissue engineering and simultaneous drug delivery [12].

### Polymeric nanoparticles

Structures with a diameter of 10 to 100 nm are known as polymeric nanoparticles (PNPs). Synthetic polymers like poly- $\epsilon$ -caprolactone [13], polyacrylamide [14], and polyacrylate [15] or natural polymers like albumin [16], DNA [17], chitosan [17, 18], and gelatin [19] are used to make the PNPs. In light of in vivo conduct, PNPs might be named biodegradable, i.e., poly(L lactide) (PLA) [20], poly-glycolide (PGA) [21], and non biodegradable, e.g., polyurethane [22].

PNPs are generally covered with nonionic surfactants to diminish immunological cooperations (for example opsonization or show PNPs to CD8 T-lymphocytes) as well as intermolecular connections between the surface compound gatherings of PNPs (e.g., van der Waals powers, hydrophobic collaboration or hydrogen holding) [23].

After a polymerization reaction, drugs can either be immobilized on the surface of PNPs [24] or encapsulated on the structure of PNPs during a polymerization step [25]. Desorption, diffusion, or nanoparticle erosion are also methods by which drugs can be released into the target tissue [23].

One of the most successful concepts is the use of biodegradable nanosystems in the creation of nanomedicines. The body hydrolyzes biodegradable polymer nanocarriers, resulting in the production of biodegradable metabolite monomers like lactic acid and glycolic acid. Kumari and others [26] reported that the use of PLGA in applications involving biomaterials or drug delivery had minimal systemic effects. Such nanoparticles are biocompatible with tissue and cells [27]. The polymeric nanocarrier conjugates that are utilized for drug delivery are non-toxic, thrombogenic, and stable in blood. They are non-

immunogenic as well as non-expert incendiary, and they neither enact neutrophils nor influence reticuloendothelial framework [28]. Polymer nanoparticles (PNPs) are rapidly gaining prominence in a wide range of fields, including electronics, photonics, sensors, medicine, biotechnology, pollution control, and environmental technology [29 - 37]. PNPs are promising drug delivery vehicles because they can be easily manipulated to prepare carriers with the goal of delivering drugs to a specific target, which improves drug safety [38]. Polymer-based nanoparticles successfully convey medications, proteins, and DNA to target cells and organs. Their nanometer-size advances viable pervasion through cell films and steadiness in the circulatory system. Polymers are very easy to work with in the production of a wide range of molecular designs that can be incorporated into distinctive nanoparticle structures with numerous potential medical applications [39]. A few strategies have been created during the most recent twenty years for readiness of PNPs, these procedures are characterized by whether the molecule development includes a polymerization response.

#### Mechanisms of drug release [40]

Any one of the three general physicochemical mechanisms can be used by the polymeric drug carriers to deliver the drug to the tissuesite.

Through hydration-induced swelling of the polymer nanoparticles and diffusion-mediated release. Through an enzymatic reaction that causes the polymer at the site of delivery to rupture, cleave, or degrade, releasing the drug from the inner core that is entrapped.

Separation of the medication from the polymer and its desorption/discharge from the expanded nanoparticles.

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Salting Out Method The properties of PNPs must be optimized for each application. The method of preparation plays a crucial role in achieving the desired properties. Therefore, having preparation methods at your disposal to obtain PNPs with the desired properties for a specific application is extremely beneficial. Polymerization, preformed polymers, ionic gelation, and other methods are utilized. The physicochemical properties of the polymer and the drug to be loaded determine which method is best for nanoparticle preparation.

#### Emulsion-Solvent-Method

This is one of the most often involved strategies for the arrangement of nanoparticles. The first method for making PNPs from a was solvent evaporation. In this method, emulsions and polymer solutions are made in volatile solvents. Dichloromethane and chloroform preformed polymer[40] were commonly used in the past, but they are now being replaced by ethyl acetate, which has a superior toxicological profile. When the polymer's solvent evaporates, the emulsion changes into a nanoparticle suspension that can diffuse through the emulsion's continuous phase. In the customary techniques, two primary systems are being utilized for the arrangement of emulsions, the planning of single emulsions, eg oil-in-water (o/w) or two fold emulsions, e.g., (water-in-oil)- in-water, (w/o)/w.

These techniques use rapid homogenization or ultrasonication, trailed by dissipation of the dissolvable, either by consistent attractive blending at room temperature or under diminished pressure. At last, the item is lyophilized [41]. Lemoine et al. [42] used PVA or Span 40 as a stabilizing agent to make PLGA nanoparticles with a diameter of around 200 nm. They used dichloromethane at 1% (w/v). Using dichloromethane and acetone (8:2, v/v) as the solvent system and PVA as the stabilizing agent, Song et al.[43] produced nanoparticles of PLGA with a typical particle size of 60–200 nm. The type and concentration of stabilizer, homogenizer speed, and polymer concentration all had an effect on particle size. Typically, high-speed homogenization or ultrasonication is used to produce small particle sizes. Schematic representation of the solvent-evaporation method Salting out, which relies on the salting-out effect to separate an aqueous solution from a water-miscible solvent [45]. The salting-out effect separates a water-soluble solvent from an aqueous solution, which is the basis of salting-out. Polymer and medication are at first broken up in a dissolvable which is thusly emulsified into a fluid gel containing the salting-out specialist (electrolytes, like magnesium chloride). This oil/water emulsion is diluted with enough water or an aqueous solution to make it easier for the solvent to diffuse into the aqueous phase and cause nanospheres to form. The stirring rate, internal/external phase ratio, polymer concentration in the organic phase, electrolyte concentration, and stabilizer type in the aqueous phase are just a few of the manufacturing parameters that can be altered [46] Salting out does not necessitate an increase in

temperature, so it may be useful for processing heat-sensitive materials. The most noteworthy burdens are selective application to lipophilic medication and the broad nanoparticles washing steps.

#### Emulsions-Diffusion method

This is one more broadly utilized strategy to plan nanoparticles. The embodying polymer is disintegrated in a somewhat water-miscible dissolvable, (for example, propylene carbonate, benzyl liquor), and soaked with water to guarantee the underlying thermodynamic balance of the two fluids. After that, an aqueous solution containing a stabilizer is used to emulsify the polymer-water saturated solvent phase. Evaporation or filtration are the final methods used to get rid of the solvent, depending on its boiling point. This strategy presents a few benefits, like high embodiment efficiencies (by and large 70%), no requirement for homogenization, high bunch to-clump reproducibility, simplicity of scale-up, effortlessness, and tight size dissemination. The high volumes of water that must be removed from the suspension and the drug's leakage into the saturated-aqueous external phase during emulsification, which reduces 321 C. Karuppusamy et al /J. Pharm., are disadvantages. Sci. & Res. Vol. 9(3), 2017, 318-325 efficiency of encapsulation [49]. A few medication stacked nano particles were created by the method, including mesotetra (hydroxyphenyl) porphyrin-stacked PLGA (p THPP) nano particles [50] doxorubicin-stacked PLGA nano particles [51], and cyclosporine (cy-A-); loaded nanoparticles of sodium glycolate [52]

The solvent displacement or precipitation method uses the precipitation of a preformed polymer from an organic solution and the diffusion of the organic solvent in the aqueous medium, either with or without a surfactant. A semipolar water-miscible solvent like acetone or ethanol is used to dissolve polymers, drugs, and lipophilic surfactants. Under magnetic stirring, the solution is then poured or injected into an aqueous solution containing stabilizer. The rapid diffusion of the solvent results in the formation of nanoparticles immediately.

After that, the suspensions are drained of the solvent using less pressure. The size of the particles is influenced by the rates at which the organic phase is added to the aqueous phase. As the rate of mixing of the two phases increases, it was observed that both drug entrapment and particle size decrease. The nano precipitation method works

well for most drugs that are hard to dissolve. Preparation parameters were shown to effectively control nanosphere size, drug release, and yield. Due to being restricted to a small range of the polymer to drug ratio, it was discovered that adjusting the polymer concentration in the organic phase could be helpful in the production of smaller nanospheres [53].

Utilizing cutting-edge techniques like scanning electron microscopy (SEM), transmission electron microscopy (TEM), and atomic force microscopy (AFM), nanoparticles are typically identified by their size, morphology, and surface charge. The physical stability and in vivo distribution of the nanoparticles are affected by the average diameter, size distribution, and charge of the particles. The overall shape of polymeric nanoparticles can be determined using electron microscopy techniques, which may help determine their toxicity. The physical stability and redispersibility of the polymer dispersion, as well as their performance in vivo, are affected by the surface charge of the nanoparticles

#### Particle size

The most crucial parameters for nanoparticle characterization are the size distribution and morphology of the particles. Nanoparticles are most commonly used in drug targeting and release. The drug release has been found to be influenced by the size of the particles. More modest particles offer bigger surface region. Subsequently, a large portion of the medication stacked onto them will be presented to the molecule surface prompting quick medication discharge. Drugs, on the other hand, slowly diffuse within larger particles. During nanoparticle dispersion storage and transportation, smaller particles frequently clump together. As a result, nanoparticles have to choose between a small size and maximum stability. The particle size can also have an impact on the degradation of polymers. In vitro, it was discovered that the degradation rate of poly (lactic-co-glycolic acid) increased with particle size [53-55].

Photon-correlation spectroscopy (PCS) or dynamic light scattering (DLS) is currently the fastest and most common method of determining particle size. There are several tools for determining nanoparticle size, which are discussed below.

#### Dynamic-light-scattering

DLS is broadly used to decide the size of Brownian nanoparticles in colloidal suspensions in the nano and submicron ranges. A Doppler shift occurs when a laser beam of monochromatic light hits a solution of spherical particles moving in Brownian motion.

This shift alters the wavelength of the incoming light. This change is connected with the size of the molecule. Using the autocorrelation function and measuring the particle's diffusion coefficient, it is possible to extract the size distribution and provide a description of the particle's motion in the medium. The photon relationship spectroscopy (laptops) address the most often involved method for exact assessment of the molecule endlessly size appropriation in light of DLS [56].

#### Scanning-electron-microscopy

Using direct visualization, scanning electron microscopy (SEM) allows for a morphological examination. The methods in view of electron microscopy offer a few benefits in morphological and measuring examination; However, they only provide a limited amount of information regarding the true population average and the size distribution. The nanoparticle solution needs to be turned into a dry powder before being coated with a conductive metal like gold using a sputter coater and mounted on a sample holder for SEM characterization. After that, a focused, fine beam of electrons is used to scan the sample. Secondary electrons emitted from the sample surface are used to determine the characteristics of the sample's surface. The nanoparticles should have the option to endure vacuum, and the electron shaft can harm the polymer. Dynamic light scattering yields results that are comparable to those obtained by SEM in terms of mean size. Also, these methods are tedious, expensive and every now and again need corresponding data about estimating appropriation [57-59].

#### Transmission electron microscope

TEM and SEM operate on different principles, but they frequently produce the same kind of data. Because the electron transmittance demands an extremely thin sample, TEM sample preparation is time-consuming and complex. The nanoparticles scattering is stored onto help networks or movies. Nanoparticles are fixed with either a negative staining material like phosphotungstic acid or its derivatives, uranyl acetate, or plastic embedding to make them

withstand the instrument vacuum and make handling easier. After embedding the sample in vitreous ice, an alternative method involves exposing it to liquid nitrogen temperatures. The surface qualities of the example are gotten when a light emission is sent through a ultradainty example, communicating with the example as it goes through [60].

#### Atomic force microscopy

Based on the physical scanning of samples at the sub-micron level with a probe tip of the atomic scale, atomic force microscopy (AFM) provides extremely high resolution for measuring particle sizes. Instrument gives a geological guide of test in light of powers between the tip and the example surface. Depending on their properties, samples are typically scanned in either contact or non-contact mode. In contact mode, the geographical guide is produced by tapping the test on to the surface across the example and test drifts over the leading surface in non-contact mode. The primary benefit of AFM is that it can image non-conducting samples without any special treatment, making it possible to image delicate biological and polymeric nano and microstructures. AFM does not require any mathematical processing and provides the most accurate description of size and distribution. In addition, the real picture produced by the AFM technique helps comprehend the impact of various biological conditions [61].

#### Surface charge

The nature and force of the surface charge of nanoparticles is vital as it decides their connection with the organic climate as well as their electrostatic communication with bioactive mixtures. The zeta potential of nanoparticles is used to investigate the colloidal stability. The surface charge can be indirectly measured by this potential. It relates to likely distinction between the external Helmholtz plane and the outer layer of shear. The estimation of the zeta potential takes into account forecasts about the capacity soundness of colloidal scattering. In order to maintain stability and prevent particle aggregation, positive or negative zeta potential values must be reached. The degree of surface hydrophobicity can then be anticipated from the upsides of zeta potential. The zeta potential can likewise give data in regards to the idea of material typified inside the nanocapsules or covered onto the surface [62].

#### Surface hydrophobicity

Several methods, including hydrophobic interaction chromatography, biphasic partitioning, adsorption of probes, contact angle measurements, and others, can be used to determine the hydrophobicity of a surface. For the purpose of surface analysis of nanoparticles, a number of sophisticated analytical methods have recently been reported in the literature. On the surface of nanoparticles, X-ray photon correlation spectroscopy makes it possible to identify specific chemical groups [63].

#### Drug Release

A focal justification behind seeking after nanotechnology is to convey drugs, subsequently understanding the way and degree to which the medication particles are delivered is significant. The majority of release methods require the drug and its delivery vehicle to be separated in order to obtain such information. The amount of drug bound per mass of polymer, usually expressed as moles of drug per mg polymer or mg drug per mg polymer, is typically used to define the drug loading of the nanoparticles. It could also be expressed as a percentage of the polymer. The procedure utilized for this examination is old style logical techniques like UV spectroscopy or superior execution fluid chromatography (HPLC) after ultracentrifugation, ultrafiltration, gel filtration, or divergent ultrafiltration. UV spectroscopy are used in quantification. Drug discharge tests are likewise like medication stacking examine which is evaluated for a while to dissect the component of medication discharge [64-68].

## II. NANOPARTICLES APPLICATIONS

#### Healthcare/medical

- Vaccine and drug delivery via other methods (such as inhalation or oral administration in place of injection)
- Bio-labeling and detection (e.g., using Au)
- Carriers for drugs with low water solubility
- Fungicides (e.g., using ZnO)
- MRI contrast agents (e.g., using superparamagnetic iron oxide)
- New dental composites
- Biological binding agents (e.g., for high phosphate levels)
- Antiviral, antibacterial (e.g., Ag), anti-spore non-chemical creams and powders

#### Future opportunities and challenges

Nanoparticles have already been applied as drug delivery with great success, systems One of the most important tools in nanomedicine, nanoparticles offer significant advantages in drug targeting, delivery, and the capacity to combine diagnosis and therapy. Developing techniques like virus-like systems for intracellular systems, biomimetic polymer architecture, sensitive drug control, functions (such as active drug targeting, bioresponsive triggered systems, systems interacting with my body smart delivery), nanochips for nanoparticle release, and carriers for advanced polymers for the delivery of therapeutic peptides and proteins are all subject to numerous technical obstacles. Drug conveyance procedures were laid out to convey or control the sum and rate. Most major and laid out inward examination programs on drug conveyance that are plans and scattering containing parts down to nano sizes [5,68].

## III. CONCLUSION:

Nanocarriers as drug delivery systems are made to make conventional drugs have better pharmacological and therapeutic properties. The development of nanotechnology is probably going to altogether affect drug conveyance area, influencing pretty much every course of organization from oral to injectable. Present pharmaceuticals frequently exhibit poor bioavailability, which frequently results in high patient costs, ineffective treatment, and, most importantly, elevated toxicity or even death risks. Because it focuses on the very small, nanotechnology is uniquely suited to the development of systems that are better able to deliver drugs to tiny parts of the body. Additionally, nano-enabled drug delivery makes it possible for drugs to penetrate cell walls, which is crucial to the anticipated expansion of genetic medicine in the coming years. Further advances are required to transform the idea of nanoparticle innovation into a reasonable pragmatic application as the up and coming age of medication conveyance framework.

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