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Pathophysiology of Soar Throat

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ABSTRACT:
There are many upper and lower throat infections are caused from covid 19 and climate change . The infection in the thorat is either caused by the viruses or bacteria 'strep throat caused from the groupa type of streptococcus bacteria while the soar throat caused from the bacteria ,viruses or allergic infections..Bacteria like streptococcus pyogens and viruses like rhino viruse. .As we know the soar throat is a common symptoms of many diseases like pharyngitis, strep throatCommon cold.,Flu (influenza),Mono (mononucleosis), Measles. Chickenpox, Coronavirus disease 2019 (COVID-19).The NSAID (non- steroidal anti-inflammatory drugs) are used in treatment of the soar throat like ibuprofen ,naproxen,aspirin,diclofenac ,etc .Some gargles are also used in the treatment of the soar throat like Betadine gargle .Some home remedies like salt water gargle ,turmeric water gargle also used for soar throat.
Key words:pharyngitis, tonsillitis, laryngitis,soar throat,throat infection.

I. INTRODUCTION:

A sore throat is pain, scratchiness or irritation of the throat that often feels when we swallow . It is the throat infection caused by the viral infection or bacterial infection , irritation by the cigarettes or smoking , acid reflux. The herbal drug curcumin is rich in an anti inflammatory properties can used to treat the soar throat.

Mode of action of the soar throat:

Soar throat is caused from the bacterial or the viral infection ,when the bacteria or virus are inter into the throat the body activates the inflammatory mediators and they produce the inflammation in that area.When the bacteria or virus enters into the body ,body cause infection at that area against the bacteria(it produces the signals that bacteria enters into the body).In case of the soar throat (pharyngitis)infection mainly caused by swelling in the back of the throat (pharynx) between the tonsils and voice box(larynx).When the bacteria caused infection at its sits of action there is release of potent paracrine and endocrine inflammatory madiators which responsible for the immunological response of the body. It is mainly produced by activated macrophages ,t-lymphocytes and natural killer cells(it is cytokine i.e important in controlling growth activity of immune system.

Etiology:
throat infection is a most common infection now days .there are many causes through which we could have throat infection such as

- Viral infection
- Bacterial infection
- Allergies
- Irritation by ciggarates or smoking
- Acid reflux

The most commonly soar throat infection are caused by group A type streptococcus bacteria namely streptococcus pyogens and viruses like rhino virus
Pharmacology of drugs : A soar throat or throat infection caused by bacteria can be treated with antibiotics and NSAID drugs and some gargles possessing anti inflammatory properties. Since the soar throat is a bacterial infection it can not be treated by antibiotics . Some medications used to relieve the pain like acetaminophen and other mild pain relievers.Mainly the drugs like amoxicillin, antibiotics, antihistamines, azithromycin are used in treatment of soar throat

II. CONCLUSION:

Soar throat caused by viral infection , at the site of infection inflammatory mediator Tnf – Alfa released and caused inflammation to give single to body of entry of virus . This is inbuilt mechanism of body . Some home remedies and treatment or medications are available for treatment

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of soar throat . Soar throat also caused due to cold ,cough and climate change.

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